



VOL. 29, NO. 17

SANIBEL & CAPTIVA ISLANDS, FLORIDA

OCTOBER 22, 2021

OCTOBER SUNRISE/SUNSET: 22 7:31 • 6:54 23 7:32 • 6:54 24 7:33 • 6:53 25 7:33 • 6:52 26 7:34 • 6:51 27 7:34 • 6:50 28 7:35 • 6:49

Every Sculpture Tells A Story In BIG ARTS Exhibit

BIG ARTS opens its 2021-22 fine arts season with sculpture artist Alberto Chailosky. Chailosky's exhibit, *Lost but Not Forgotten*, consists of miniature, mixed-media sculptures that depict important places of Chailosky's past that, sadly, no longer exist, due to years of gentrification. However, the memories and stories these places held will remain forever within these works. The hope is that by memorializing them in sculpture, their cultural impact is preserved.

The exhibit opens on Friday, October 22. There will be an artist talk and reception on Friday, November 5 at 5 p.m. in Dunham Family Gallery. A virtual 3D tour of the exhibit will be available online at www.bigarts.org on Wednesday, October 27.

A graduate of Rhode Island School of Design and New York University's Tisch School of the Arts, Chailosky has had an extensive career in the arts as a sculpture artist, graphic designer and art director, including 11 years as a set designer for various Broadway shows and *Saturday Night Live*. "I have many inspirations from different times in my life. They have inspired me in different ways," said Chailosky. "My two earliest were when I



Alberto Chailosky with some of his work photo provided

was a young boy. First was one day after moving to the U.S. and watching color television, I saw magic. It was the opening scene to *Mister Rogers' Neighborhood*. The camera panned through this amazing miniature city and ended up watching a trolley car, which transitions to Mister Rogers' house. I get chills to this day watching that scene. The second was also as a young boy a bit later when I saw pictures of Red Groom's *Ruckus Manhattan*. I also got into miniatures through the theater world. This led me to one eventful day when I met Hal Prince and he introduced me to one of the greatest set designers of all time, Eugene Lee. Eugene became a major influence, and I assisted him on many Broadway shows and *Saturday Night Live*."

For Chailosky, his *Lost but Not Forgotten* exhibit is both a historical trip and an autobiographical adventure of the late '80s and '90s. "The very first thing I do when starting a piece is pick the place I want to sculpt and the story I want to tell. I'm not interested in doing random places. My story is just as important as the art. Each sculpture is both a work of art and a piece of my life and a story of me," Chailosky explained. "It is of places that not only have significant meaning (either socially or architecturally), but also have personal meaning to me where I have experienced life in those places. Each place

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Guests aboard the *Lady Chadwick* during a previous concert cruise

photo provided

Concert Cruises Begin Next Month

Sanibel-Captiva Conservation Foundation (SCCF), in partnership with Todd and Leanne Marcum and Captiva Cruises, will host the second season of Pine Island Sounds, a series of onboard fundraising concerts. Pine Island Sounds features world-class musicians performing aboard the *Lady Chadwick*, Captiva Cruises' 65-foot open

air tour boat.

SCCF will kick off the season on Sunday, November 7 from 4 to 6 p.m. The three other dates are December 12, a date to be determined in January and a final sunset concert cruise on February 13. On the talent front, Upright Hootenanny – fan favorites from SCCF's Beer in the Bushes – will be joining the concert lineup.

The first season in 2019-20 brought in \$20,000 to support SCCF's water quality

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Pink Out Picnic Next Thursday



Board members and supporters: back, from left, Mary Bondurant, Kay Casperson, Laurie Verme, Leslie Rowan and Deb Norris; front, from left, Annie Kisskeys, Debra Chase-Schult and Kira Dworkin

photo provided

by Allison Havill Todd

What started 10 years ago as a gesture to provide free mammograms to uninsured people who live or work on Sanibel and Captiva islands has expanded over the years into a month-long cancer awareness and support initiative. According to Let's Pink Out Sanibel and Captiva Islands founder Mary Bondurant, the Pink Out Picnic is "truly the heart of what we have

done for the last decade to support cancer patients, survivors and caregivers going through the journey."

This year's Pink Out Picnic, with the support of Fire Chief Bill Briscoe and team, will be held at the Sanibel Fire Rescue station, located on Palm Ridge Road, on Thursday, October 28 from 11:30 a.m. to 1:30 p.m. Sponsored by Cip's Place, guests can choose a sit-down

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The Community House

photo by Logan Hart

Community House Events

Adult culinary classes (Introductory Wine Series) with Chef John Wolff are offered on Saturdays, October 23 and 30 from 4 to 6 p.m. Cost per class is \$25 for members and \$30 for nonmembers. To sign up, contact Allison at office@sanibelcommunityhouse.net.

Letting Loose with Watercolor with Anita Force Marshall will be held on Tuesdays, October 26 (sunflower) from 9:30 to 11 a.m. Cost is \$35 for members and \$40 for guests. Register online at www.sanibelcommunityhouse.net or call 472-2155. Watercolor rental

kits are available for \$10 at the time of the class.

Shellcrafters are on site every Monday from 9 a.m. to 1 p.m. A shell crafting class is offered at 10 a.m. There is no charge to attend the class; supplies range between \$3 and \$5.

Aerobics with Mahnaz Bassiri is offered in two sessions on Monday, Wednesday and Friday; 9 to 10 a.m. and 10:30 to 11:30 a.m. Bring your own weights (optional). Cost is \$5 per class.

Line Dancing classes are offered on Tuesdays from 1 to 2 p.m. Cost is \$5 per class.

Every Thursday at 1 p.m., Tommy Williams leads Living Life Current, an open forum discussion. All are welcome to discuss what is going on locally,

nationally and globally. Suggested donation is \$5.

Chair Stretching Exercises with Mahnaz Bassiri are offered on Thursdays from 1 to 2 p.m. Cost is \$5 per class.

The Social Bridge group plays on Tuesdays from 1 to 3 p.m. Suggested donation is \$5.

The Sanibel Hearts Club meets every Friday at 1 p.m. Play the card game Hearts. For beginners to experts, all are welcome. Suggested donation is \$5.

There are fresh batches of mango chutneys, salsas, barbecue sauces, hot jellies and jams available for purchase. All proceeds from the kitchen go toward scholarships for the Culinary Education Center.

The Sanibel-Captiva Art League exhibit by Jane Hudson and Kay Sadighi is featured for the month of October in the lobby gallery. This exhibit can be viewed from 9 a.m. to 1 p.m. Monday through Friday or virtually at www.sanibelcommunityhouse.net.

The Community House is looking for sponsorships for Line Dancing classes taught by Marie DiRosa in the amount of \$200 per month and for Aerobics with Mahnaz Bassiri in the amount of \$1,500 (or a portion thereof for the weekly classes offered). Contact Allison at office@sanibelcommunityhouse.net if you are interested in sponsoring either of these programs.

Volunteers are needed to help with Fall Fest, which will take place as a drive-through on Sunday, October 31 from 4 to 6 p.m.

Shell Critter Kits to Go are available for purchase or to ship. Choose four out of 13 critters to assemble. Cost is \$20 per kit; shipping is \$8 additional.

Art Kits to Go are also available for purchase or to ship. There are eight different postcards to color and Zentangle. Marker and educational video link included. Cost is \$20 per kit; shipping is \$8 additional.

The Community House is following current CDC guidelines.

The Community House is located at 2173 Periwinkle Way. Visit www.sanibelcommunityhouse.net or call 472-2155.*

Holiday Craft Bazaar

The Saint Isabel Parish Women's Society of Bread and Roses is holding a Holiday Craft Bazaar on Saturday, November 13 from 10 a.m. to 2 p.m. and 4 to 6:30 p.m., and on Sunday, November 14 from 9 a.m. to 12:30 p.m. in Parish Hall of St. Isabel Catholic Church.

There will be a variety of crafts and items hand made by society members and parishioners, a selection of gently used items in the Yesterday's Treasures section and a bake sale. You will find items for Thanksgiving and Christmas decorating as well as one of a kind items for hostess and Christmas gifts.

St. Isabel Catholic Church is located at 3559 Sanibel-Captiva Road.*

We Support

Let's Pink Out

Breast Cancer Awareness Month

Featured Flavors

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Pink Flamingo Sorbet: lemon raspberry

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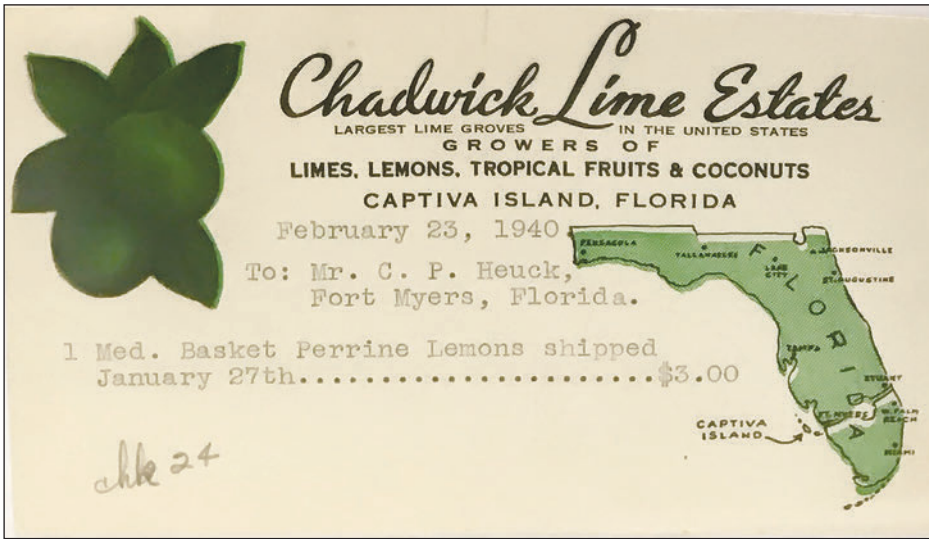


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A bill for a basket of lemons

photo courtesy Captiva Island Historical Society Archives

Captiva Island Historical Society

Looking Back: Chadwick Lime Estates

This week's image is a copy of a paid bill from Chadwick Lime Estates, dated February 23, 1940. The cost back then to ship one medium basket of lemons was \$3.

Chadwick Lime Estates is now known as South Seas Island Resort.



The History Gallery, developed by the Captiva Island Historical Society, features many photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, *Santiva*, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane, and open during library hours. Call 533-4890 for information.

Visit www.captivaislandhistoricalsociety.org/archives/research to view many more images to bring you closer to Captiva.✱

Churches/Temples

BAT YAM-TEMPLE OF THE ISLANDS
Friday Shabbat Services at 7:30 p.m.
Email batyamsanibel@gmail.com for zoom link.

HISTORIC CAPTIVA CHAPEL BY THE SEA
Rev. Larry Marshall. Outdoor services every Sunday at 11 a.m. Nov. 14, 2021 through April 24, 2022. Previous services posted on the chapel's website for viewing. www.captivachapel.com, www.facebook.com/Captiva-Chapel-By-The-Sea, 11580 Chapin Lane, Captiva, 472-1646.

CHAVURAT SHALOM
(Fellowship of Peace) Friday Shabbat services led by members at 7:30 p.m. Saturday morning Jewish current events at 11 a.m. Talks by members on topics of interest Thursdays at 11 a.m. Contact ChavuratShalom@gmail.com to participate on Zoom.

FIRST CHURCH OF CHRIST, SCIENTIST
Services at the Christian Science Church of Sanibel-Captiva have resumed as follows: Sunday service at 10:30 a.m., Wednesday meeting at 4:30 p.m. Reading room open on Friday, 10 a.m. to noon. 2950 West Gulf Drive, 472-8684.

SANIBEL COMMUNITY CHURCH
Sunday services at 9 a.m. and 11 a.m. in the Sanctuary. View the Sunday services via livestream at 9 a.m. or later online at www.sanibelchurch.com.

com. Sanibel Community Church is an evangelical, non-denominational congregation, 1740 Periwinkle Way, 472-2684

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST
The Reverend Dr. John H. Danner, Sr. Pastor. The Rev. Deborah Kunkel, Associate Pastor. 10 a.m. Traditional Worship Service, www.sanibelucc.org, 2050 Periwinkle Way, 472-0497.

ST. ISABEL CATHOLIC CHURCH
Father Ed Martin, Pastor, Saturday Vigil Mass at 5 p.m., Sunday Mass at 9:30 a.m. Daily Mass Wednesday, Thursday and Friday at 8:30 a.m. 3559 Sanibel-Captiva Road, 472-2763.

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH
The Rev. Bill Van Oss, Rector. Service schedule through October, Saturday 5 p.m. and Sunday 9:30 a.m. We follow CDC guidelines regarding masks and other covid protocols. The 9:30 a.m. Sunday service is also livestreamed at www.saintmichaels-sanibel.org, 2304 Periwinkle Way, 239-472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS
Meets 5 p.m. on the third Sunday of each month from December through April at Sanibel Congregational United Church of Christ. A potluck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 433-4901.

Email changes to press@islandsunnews.com or call 395-1213.✱

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OBITUARY

ERNST WB HOEN, PhD

Dr. Ernst Hoen lived a very interesting life; with a great love of animals and nature, his strength in dealing with dangerous situations, his ability to help others and his great sense of humor. Since his death on June 2, 2021, family and friends celebrate his life and ponder his experiences.



Ernie was born on September 9, 1936 in the beautiful Dutch city of Maastricht, where Roman ruins still exist today. His mother, Pauline, took baby Ernst back to the Dutch East Indies where the older children, Karl and Paula, had stayed with their father Jef, a Merchant Marine officer. As a youngster, Ernie grew up among the Indonesian children, the monkeys and a sulphurcrested cockatoo. Ernie spoke Dutch with his Mom and Dad, however, the Indonesian maids taught him to speak Malay, the only language they would speak to him. Unfortunately, by 1942, the Japanese had invaded Indonesia, forcing the foreign families to move to very crowded homes where they slept on the floors. At this time, his father was away as an enlisted Marine, where he was ordered to take

his men on a long march through Burma to work building "the Bridge on the River Quai." The rest of the family was in what they thought miserably crowded conditions, until February 1944, when they were transported to the feared and most hated concentration camp in Semarang, called Halmahera. The women and children weren't fed and were forced to scrounge for food, eating rodents and any plants they could find. Every morning, everyone in the camp was dragged out and forced to stand in straight lines and had to shout out their "number." If they said it wrong or stuttered, they were beaten. Most women were treated viciously, however, Ernie's mother, tall in stature, towering over the shorter Japanese men, refused to bend or fall down to them. Miraculously, she was left alone for the most part. In 1945, American planes flew over the camp, and to look good, some Japanese troops remained to "protect" the Dutch prisoners, like Ernie and his family, from the Malay people. For political reasons, the British and Americans kept the Dutch from landing so that the Netherlands could not regain control of the Dutch East Indies, which had ruled the country for 400 years. Ernie, 9, and his brother, Karl, 15, decided they were going to sneak out of camp and run to where the ships were waiting; a most desperate and dangerous decision. It was a very treacherous journey for them, traversing 15 miles through tropical marshes. Armed Malays were everywhere, forcing the two boys to hide

in bushes along their escape. As the boys were nearing exhaustion, a man roared up on a motorcycle and pulled them on, reaching the ships within minutes. They had to leave their mother and sister at the camp in the hospital as they were nearing death and starvation. Their youngest sister, Trude, was given to nuns to be looked after. (The family of seven living next to them in the camp all died of disease or starvation, and Ernie and Karl were determined to live.) After the war, it took his father a year to find Trude, searching Batavia and Sumatra before reuniting the family. After the war was over, Ernie's father continued working as a captain of the Royal Navy and the Hoens returned to Hong Kong where Ernie began learning English in a Chinese night school, then studied at King George V School; an overseas British run school. His hard work and top scores resulted in acceptance at the University of British Columbia (UBC) in Western Canada. The family visited their Dutch home to prepare Ernie to take the long trip to Vancouver, British Columbia, across the Atlantic, where he sailed on the *Groote Beer* as a 16-year-old, sailing through some fierce storms, eventually arriving in Montreal. Armed with five loaves of bread and cheeses packed by his mother, he boarded the cross-country train to Vancouver. Upon arrival on the UBC campus, Ernie registered with plans to become a geologist. Ernie dormed with Welchman Mickey Daniels who kept a very nasty parrot, and along with Ernie's python, kept them busy. Ernie worked in the dangerous Northern Pioneer Mines on the BC, and continued on to his masters degree in paleontology where he met Sheila Elizabeth Fleetwood Hardie. Sheila was to work as his assistant while Ernie worked to study the complete Hornby Island Shores. They married after graduating and then moved to Montreal where Ernie started his doctorate. He left for Axel Heiberg Island on a Jacobsen-McGill Arctic Research Expedition for several months, where he found himself in a life-threatening situation with almost no food left and no sign of a seaplane in the area to return him to the camp. With the sea levels rising, he had to walk through freezing waters up to his chest. The Swiss men at the expedition could not believe that he had crossed on a glacial outwash plain. Unbeknownst to Ernie, Sheila gave

birth to their first child, Liza, during this time and he was notified by ham radio. Their second daughter, Margot, was born two years after in Dawson Creek, British Columbia. Ernie made a career decision to work abroad for Amoseas Co. in North Africa, Tripoli and Libya; Sheila and her daughters followed. Their third daughter, Zarah, was born in a hospital in Libya and Ernie assisted in the delivery as they had no staff available. The family lived in Collina Verde, Tripoli surrounded by almond orchards. At this time, Ernie befriended the manager of Sidi Misre, the Tripoli animal park. The family lived out of town and made the decision to leave the country due to the fighting between King Idris I and Gaddafi. The Americans had already fled and fortunately, they had a planned reservation to escape. Ernie began working with Occidental Petroleum in California and eventually Peru. During this time, Ernie took a long canoe trip up the Masakari, a tributary of the Amazon River. Ernie met a tribe and thoroughly enjoyed their way of life: simple and happy. Ernie made a decision to remove his own shirt and place it on the shoulders of the tribal master, who was thrilled with this gift and the parting was affectionate. After briefly working for Texas International in Oklahoma, he and Sheila started Hoen Exploration Co. Sheila worked as the attorney and vice president. Later, when the oil industry collapsed, they moved to Captiva and then Sanibel, and began new careers. A memorial service for Ernie Hoen will be held on Saturday, October 23 at 2 p.m. at Saint Michael and All Angels Episcopal Church on Sanibel. In lieu of flowers, donations may be made to Sanibel-Captiva Conservation Foundation (SCCF).✧

Local Earns Master's Degree

Rachel Wexler of Sanibel earned a master of science degree in public policy from Georgia Institute of Technology in Atlanta. Wexler was among approximately 1,480 undergraduate and graduate students who earned degrees during the summer 2021 semester.✧

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FISH helps people at risk of having utilities turned off by paying their bills in times of crisis and financial hardship. Missing even a few hours at work can cause someone to get behind. A \$100 bill can quickly turn into a \$500 bill due to late fees. FISH helps clients get caught up on monthly expenses to ensure neighbors have access to water and electric services required for safe and healthy living.

MEDICAL & DENTAL

FISH can help clients who can't afford their healthcare deductibles for necessary imaging, surgeries, specialized office visits or unexpected trips to the ER which can lead to thousands of dollars in bills. FISH works with providers to get a better price for our clients. We've paid for mammograms, cataract surgeries, MRIs, medications, dental procedures and more to provide help and health.

"As a single mom working on Sanibel for many years, I cannot tell you how grateful my family is for the help FISH has provided us. Not only did FISH help with rent and utilities, but when I could not afford the copay so my daughter could see a mental health therapist, FISH immediately helped me find a therapist that would see my daughter right away, along with paying the copay. Nitza has been so very kind and helpful. FISH holds a very special place in our hearts."

—a FISH client

ADDITIONAL SERVICES

CONTINUING EDUCATION

Financial assistance may be provided by FISH for individuals wanting to further their education either by attending college, certification courses, required CEUs or vocational programs for enrichment and career development for a better life.

IMMIGRATION

The Immigration Assistance Program provides individuals with free resources to help guide them through the application, petition or request process. FISH partners with local agencies to find families an affordable way to take care of their immigration needs. Qualifying individuals may request financial assistance for processing and form fees.



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City Of Sanibel Vegetation Committee

Landscaping Tips For Sanibel Homeowners

Sanibel is one of the most serene places on the Gulf Coast. As a steward of this sanctuary island, you are responsible for the landscaping activity on your property and how it can affect neighboring properties.

Ensuring a sense of individuality, civic pride and satisfaction when maintaining your slice of paradise will require a solid understanding of Sanibel’s rules and regulations. Landscaping work can be done by you, as the property owner, or you can hire a contractor. Projects can range from routine lawn mowing or yard waste cleanup, modifications to the landscaping profile, fertilizing, irrigating and, at times, pest control. Because there are a variety of options, it might be necessary to involve multiple contractors.

The City of Sanibel requires vegetation contractors and fertilizer applicators to participate in a Vegetation Competency and Fertilizer Endorsement course, and successfully pass an exam. Contractors that trim mangroves must also have proper certifications or credentials that designate them as a professional mangrove trimmer. This ensures contractors understand Sanibel’s regulations, allowing them to help property owners understand the local requirements associated with the yard maintenance expectations. In some cases, your work may require a permit to authorize the execution of the landscape project. The city maintains a publicly available list of certified contractors, available online at <https://www.mysanibel.com/content/download/26992/173854>. Safe, quality, and compliant work is a benefit to you, the neighborhood and the environment.

If you decide that hiring a contractor is the best course of action, it is important to maintain open and routine communication. To assist you, the City of Sanibel Vegetation Committee has developed a Landscape Contractor



A city-licensed vegetation contractor trims a cabbage palm photo provided

Checklist and recommends you review the following items with your contractor:

Contract or Agreement

Does the contractor have the necessary licensing and business tax receipt to perform the work?

Is the contractor’s city vegetation competency, fertilizer endorsement, and/or Professional Mangrove Trimmer (PMT) certification current and will a credentialed staff member be on site while work is occurring?

Is the contractor’s state pest control certification current and is the credentialed supervisor on site while work is occurring?

Do references check out for quality, timeliness and accuracy of the work performed?

Is the contractor cognizant of the permitting requirements for the work scope?

If a violation occurs, how will it be addressed?

Landscaping and Contractor Oversight

Is work being performed in accordance with the city’s vegetation standards, fertilizer ordinance, and mangrove trimming and preservation ordinance?

When installing new landscaping,

does the landscape design reflect what is installed on site? Does it conform to land development code requirements?

Are you planting the right plant in the right place?

Is the plant you want to remove native or non-native? A vegetation permit is required for removal of native species.

Why must the plant be removed?

Removal of native vegetation may be permitted for safety reasons and/or when it causes damage to structures or compromises structural integrity.

Does the plant have to be removed? Do other options exist?

Are you requesting work that requires trimming in excess of 25 percent of the leaf surface area of a native plant? If so, a vegetation permit is required.

Are you applying for the appropriate permits that are required to perform the work, or have you authorized your contractor to do so?

Are city inspections being scheduled and are expectations as well as permit conditions being met?

Do you know the composition of the fertilizer that is being applied to your lawn? Have you asked to see fertilizer logs? How will you track progress if you are not present? Who is your agent? Are you getting written progress reports?

Have you had conversations with your neighbors to be sure the work is not negatively impacting their lot? You may learn from their experiences, saving you time and money.

Will your landscape modifications affect surface water runoff across property lines, or have you disrupted the stormwater retention capabilities? If so, it would be wise to consult with the city’s planning branch and public works division to ensure a violation does not occur.

Are you comfortable the work is performed using safe practices?

Is the vehicle/equipment stored in a safe and authorized location?

Are underground utilities clearly marked prior to work?

Will waste be hauled off or bundled for waste pickup (in accordance with waste-hauler requirements)?

Is the mulch placed in an area where

a rainstorm might wash mulch into unwanted places such as your driveway or a stormwater catchment system?

Are grass clippings and leaves being blown/raked in such a way that prevents them from entering a waterbody?

The vegetation committee and the natural resources department stand ready to assist you in your landscaping program. Review and use the vegetation committee’s landscape contractor checklist when hiring a vegetation contractor and to help you manage and oversee their work on your property. By adhering to local environmental regulations, you are doing your part to help protect the sanctuary characteristics of our the island.

Where can I learn more about native plants on Sanibel? The Vegetation Committee hosts free plant walks from November to April at Sanibel City Hall to view and discuss the use of native plants. All are welcome.

To view pictures of the Invasive Exotic Plants “Worst of the Worst” or the city’s *The Alien Invasion* brochure, visit www.mysanibel.com/Departments/Natural-Resources/Vegetation-Information/Exotic-Vegetation/Other-Invasive-Exotic-Vegetation or call 472-3700. To read other articles in this series, please visit www.mysanibel.com/Departments/Natural-Resources.

After School Program

Registration is open for the Sanibel Recreation Center after school program winter trimester. The program runs Monday through Friday from 2:10 to 5 p.m. throughout the school year. It is available for children in kindergarten through eighth grade. Every child registered in the program will receive a one-year complimentary membership to the recreation center.

Financial assistance is available based upon individual need. For more information, call 472-0345.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available.

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OBITUARY

JUDITH ANNETTE GORDEN

Judith Annette Gorden of Sanibel, Florida, born January 3, 1937 in Peoria, Illinois, passed away into the arms of the Lord on October 10, 2021 at the age of 84. She was the beloved wife of the late James Edward Gorden. She left behind her daughter, Susan (Robert) Darrow of Fort Myers, Florida; her son, Michael (Denise) Gorden of Commerce Township, Michigan; her grandsons, Robbie Darrow, Michael Gorden and James Gorden; her granddaughters, Nicole Gorden and Heather Gorden; her great grandchildren, Mekenzi, Madelynn, Lucas and Amelia; and her nephew, David Richart of Seattle, Washington. She also leaves behind two sisters-in-law, several nieces and nephews, and many dear friends.

Judie was devoted to her children, grandchildren and great grandchildren, whom she loved dearly. She loved the Lord and shared her faith with family, friends, and even strangers, with great passion. She was an active, vibrant member of Sanibel Community Church, where she shared her love of



music, decorating and baking. She was an extraordinary pie baker, lovingly referred to as the "Pie Lady." She had an infectious spirit and a zeal for life, which she demonstrated each and every day. Her face lit up when she smiled, and she had a gift for gab.

Judie's greatest passion from the age of 3 was music. She attended Bradley University and Westminster Choir College, where she was a classically trained singer. She was a soprano who performed in many productions, both in her youth and as a young adult. She belonged to many choral performance groups and church choirs throughout her life, most recently the Fort Myers Symphonic Mastersingers and the Sanibel Community Church Choir. Her greatest musical accomplishment was a solo performance at Carnegie Hall in New York City. She always considered it a blessing that she was still able to sing into her 80s. Music truly filled her soul, and those who knew her love for singing know that she is now singing in the greatest choir of all, with the Lord, Jesus Christ. Her musical legacy lives on in the talents of her children and grandchildren.

Judie is preceded in death by her husband, James Gorden; her son, Timothy Scott Gorden; her parents, Norman and Mabel Richart; and her brother, Norman Jr.; along with other close family members who went before her.

She touched many lives, both here in Florida and in Michigan, where she

spent much of her adult life before settling in Sanibel. She will be dearly missed, but will forever dwell in the hearts of those who loved her.

A memorial celebration will be held at Sanibel Community Church, 1740 Periwinkle Way, Sanibel, FL on Saturday, October 23, 2021 at 11 a.m. in the Sanctuary. A luncheon in Fellowship Hall will follow the service. In lieu of flowers, the family suggests a donation in Judie's name to a cancer organization of your choosing.✱

November Programs At Captiva Library

Next month's roster of activities provided by the Captiva Memorial Library offers topics for children and teens. Normal operating hours are: Tuesday to Thursday, 10 a.m. to 6 p.m.; Friday and Saturday, 9 a.m. to 5 p.m.

The following programs are free to the public:

Children's Programs

Happy Harvest Time – November 2 to 6. Available during normal operating hours. Browse the books available to check out on the Happy Harvest book display and complete activity sheets. Make a paper bag scarecrow. Craft available as supplies last.

Native American Heritage – November 9, 10 and 13. Available

during normal operating hours. Check out the Native American Heritage book display and complete activity sheets. Make a popsicle stick teepee. Craft available while supplies last.

Happy Thanksgiving – November 16 to 20. Available during normal operating hours. See the Happy Thanksgiving book display and complete activity sheets. Make a turkey out of a balloon and construction paper feathers. Craft available while supplies last.

Super Heroes and Graphic Novels – Available during normal operating hours. Browse the Super Heroes and Graphic Novels book display in the children's room. Check out books and have fun with the activity sheets provided. Make a paper envelope super hero puppet. Craft available while supplies last.

Teen Program

Happy Thanksgiving – November 17 to 20. Available during normal operating hours. Help decorate the teen section for the holiday. Write "I am Thankful for..." ideas on paper turkey feathers and attach them to the turkey. String fall colored pompoms on yarn to make a garland for the teen book shelves.

The Captiva Memorial Library is located at 11560 Chapin Lane on Captiva. For more information about a program or to register, call 533-4500. Check the Lee County Library System website at www.leelibrary.net to find out about programs at other locations.✱



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OBITUARY

JOHN P. QUILLIN

John P. Quillin of Sanibel Island crossed the Rainbow Bridge on September 26, 2021. He lived and worked on Sanibel Island for 20 years.

John was funny and he was kind. He is survived by his son, Johnny Adams Quillin, who lives on Sanibel and attends Fort Myers High School.

John first worked for his brother's company, Eclipse Restoration, then with Royal Shell and finally with his dear friends, Steve Snyder and Kenny Delevieuse at Sanibel Arms West.

John grew up in Louisville, Kentucky and got his degree in economics at the University of Louisville. He was a football quarterback in high school and college, and got a full college football



scholarship.

John met Johnny's mom, Leslie Adams, during the evacuation of Hurricane Charley in 2004. She gave birth to their son on her birthday and is forever grateful for this gift bestowed upon her. His parents, Edna and Jack, have both passed on. His brother, Kevin Quillin (Julie Livingstone), a "Sanibel Darling," unfortunately passed of cancer only three months ago; He is survived by his siblings, Tim Quillin (Denise), Seth Quillin (Kris), Carol Sexton/Quillin (Joe Sexton) and his nieces and nephews who he loved so much, Ashley (who sadly also recently passed from cancer at such a young age), Brandon, Matt, Andrew, Sam, Megan, Emma, Bella, Lilly and all his grandnieces and nephews.

There will be a celebration of his life at American Legion Post 123 on Sanibel on Thursday, November 4 from 5 to 7 p.m. Donations may be made in John's name to FISH of SanCap or Community Housing and Resources (CHR) of Sanibel-Captiva.

American Legion Post 123 is located at 4249 Sanibel-Captiva Road.*

OBITUARY

CATHARINE "KATIE" EVANS REYNOLDS

Catharine "Katie" Evans Reynolds, a longtime resident of Stone Harbor, New Jersey and Sanibel Island, Florida, died peacefully in her sleep at age 88 at Shell Point Retirement Community in Fort Myers, Florida on June 19, 2020. Her memorial service will be held on Saturday, October 30, 2021 in the historic chapel of Sanibel Community Church at 10:30 a.m.

Katie was born on September 14, 1931 in Pittsburgh, Pennsylvania to Mary Jo and Harold Glen Evans, and raised in Wyomissing, Pennsylvania with siblings George and Nan. She was a graduate of Wyomissing High School. She graduated Smith College as a member of the Class of 1953, where she roomed all four years with Hazel "Burt" Gray, who became a lifelong friend and godmother to one of her sons.

Katie married James Morsell Gassaway in 1954, and bore six children; son James Scott "Scottie" Gassaway passed away shortly after birth. They raised their children in Wallingford, Pennsylvania. Katie was very involved in all of her children's activities, volunteered at their schools, and cheered them on at their athletic and school activities. She was a member of Swarthmore Episcopal Church, and the Wallingford Swim and



Tennis Club, where she was the club tennis champion. A summer trip out West in a Winnebago in 1972 with Jim and their children, to see the national parks and friends and relatives across the country, will always be a cherished memory.

Katie loved all of God's creatures and the outdoors. She was an avid skier, swimmer, sailor, kayaker, biker, golfer, tennis player and hiker, loved walks on the beach, and loved to socialize with friends and family. She skied in Zermatt, Switzerland at age 76 and body surfed in Stone Harbor just a few years ago. She loved her Lord, and was also a member of Wells Memorial Church in Avalon, New Jersey and Sanibel Community Church in Sanibel, Florida.

She married Paul M. Pitts in 1981, until his passing, and was then married to G. David Reynolds, Jr. for 25 years.

Katie is survived by sons: Nicholas of Seattle, Washington; Steven (Michelle) of Charlotte, North Carolina; Jeffrey of Mission, Kansas; John (Jill) of North East, Maryland; and Andrew of Mechanicsburg, Pennsylvania, and stepchildren Paul Pitts (Tena); Robert Pitts (Beth); Bill Reynolds (Russi); David Reynolds (Louise); Debbie McGlynn (Steve); and Jeffrey Reynolds. She adored her 28 grandchildren, and looked forward to meeting her 14 great-grandchildren.

The family would like to thank friend and companion Cesi for her love and devotion to their mom over the last few years.

Katie was predeceased by James M. Gassaway, Paul M. Pitts and G. David Reynolds, Jr., and James Scott "Scottie" Gassaway, Dickson Pitts (Katie) and Patty Pitts (Paul).

The family asks that memorial donations be made to your favorite charity in Katie's name.*

Historical Village Season Lineup



From left, architect Amy Nowacki, historical village board president Bill Rahe, Brian Wood of Benchmark General Contractors and historical village board member Gayle Pence
photos provided

The Sanibel Historical Museum & Village has a full schedule of events coming up this season. There will be a holiday exhibit, entitled Trees, Timelines & Special Memories, featuring holiday decorations, timelines outlining each building's past and interesting, little-known facts. There will be Luminary festivities for the community, with free admission from 3 to 5 p.m.

The new pavilion will be open in December featuring a large timeline showing world events and Sanibel events, as well as historical photographs. "The pavilion will be a wonderful place to gather our tour groups and can serve as a place for small group events," said Executive Director Emilie Alfino.

Three Volunteer Update talks and two Twilight Talks are scheduled. The highlight of the season will be the Gala Movie Premiere on February 22 (2/22/22) at The Community House. There, guests can see the full-length movie *Secrets and Stories of the Sanibel Lighthouse*, which presents not only many interesting stories about the

history of the lighthouse but also about Sanibel. The movie contains never-before-seen videos.

The Volunteer Updates, open to all volunteers and to donors at the \$150 level and above, are January 10 (The State of Our Village); February 7 (Our Buildings Have a Past); and March 7 (Growing Up on the Bay). Each talk will feature well-known island icons speaking about their experiences. These talks are held at noon in Shore Haven at the village.

The first Twilight Talk, The History of Tarpon Bay, will be presented on March 15. The second talk, God and Sanibel: The History of Religion on Sanibel, is scheduled for April 5. Both talks will take place at The Community House at 7 p.m.

As events get closer, details will be updated at www.sanibelmuseum.org.

The Sanibel Historical Museum and Village opened for season on October 19. Hours are Tuesday through Saturday from 10 a.m. to 4 p.m. In accordance with the City of Sanibel's regulations, masks are required inside

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The new pavilion at the historical village



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Plant Smart

Obedient Plant

by Gerri Reaves

Obedient plant (*Physostegia virginiana*) is a showy wildflower that attracts bees, butterflies and hummingbirds.

A member of the mint family, this perennial is native to most of the U.S. and eastern Canada and cultivated as an ornamental. It is also called false dragonhead.

Its native status in Florida is in some dispute, but the authoritative Atlas of Florida Plants lists it as nonnative. Similar relatives in the *Physostegia* genus, such as the more vividly marked eastern false dragonhead (*P. purpurea*), are native.

A fast grower, it reaches a height of three feet or more, with prominent erect spikes of tubular flowers in white, pink, lavender, or purple.

The opposite oblong or lanceolate leaves are serrated with paler green undersides. The stems are square, a characteristic of the mint family.

The odd common name comes from the flowers' obedience in staying put when manipulated, for example, in a flower arrangement.

The common name, false dragonhead, is said to derive from the flower's resemblance to snapdragons. Another explanation is that "dragonhead" derives from *Dracocephalum*, the genus's former



Obedient plant attracts bees, butterflies, and hummingbirds photo by Gerri Reaves

classification. The flowers are arranged vertically in pairs on the four-to-six-inch spikes. The lower flowers open first.

The showy flowers have a two-lobed upper lip that is somewhat flat or

slightly hooded and a three-lobed spotted lower lip.

There are four stamens with dark anthers and five sepals.

Tiny nutlets ripen in the fall.

This species is typically used as a border, where it will spread via creeping rhizomes. Give it a moist spot in partial shade and sun.

It is moderately drought tolerant but not salt tolerant.

Since it can be aggressive, consider growing one of the many cultivars in pots and enjoy the long-lasting cut flowers.

Sources: <https://floridata.com>, <https://hort.ifas.ufl.edu>, <http://www.plantsoftheworldonline.org>, and www.wildflower.org.

Plant Smart explores the diverse flora of South Florida.✱

FWC Upgrades Recreational Licensing Website

Florida Fish and Wildlife Conservation Commission (FWC) Chairman Rodney Barreto unveiled a new look and feel for the agency's official online recreational licensing website (www.gooutdoorsflorida.com) and the Fish/Hunt Florida app.

"Florida's online licensing system is often the gateway to all things FWC for new and renewing hunters and anglers," said Barreto. "The new system will be more streamlined, have enhanced navigation and will improve the customer experience. We look forward to seeing what all this new system can do in the future as well."

FWC officials remind customers that while they are sporting a new look and feel, they are still the only official licensing site and app of the FWC. The new look

went live earlier this month.

For more on FWC license requirements, visit www.myfwc.com/license.✱

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Historical Village

The buildings. Full guided tours are available only if reserved in advance for groups of no more than six, depending on docent availability. This precautionary measure is due to COVID-19. "We hope to be able to resume our regular tours, at 10:30 and 1:30, as soon as possible and within safety guidelines," Alfino said.

The Sanibel Historical Village is located at 950 Dunlop Road (next to BIG ARTS). Admission is \$10 for adults over age 18, no charge for members and children. The village has handicap access to all but one building, the old Sanibel Post Office. For more information, call 472-4648 during museum hours.✱

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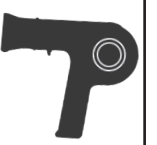
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Restructuring Of Environmental Education

submitted by Mason Goss, EdD,
SCCF Senior Director of Education

Education has always been a tenet of the Sanibel-Captiva Conservation Foundation (SCCF) and Sanibel Sea School. Through the visionary leadership of Ryan Orgera, PhD, and the SCCF Board of Trustees, the Sanibel-Captiva Conservation Foundation begins the 2021-22 season with a restructured education department. The department now consists of Sanibel Sea School, Coastal Watch, Native Landscapes and Garden Center, Ocean Tribe Paddlers, traditional SCCF programs such as Evenings at the Homestead, and various adult environmental courses and lectures. The ultimate goal of this department is to bring people closer to nature in order to inspire change. Educational offerings, such as those offered by Sanibel Sea School and SCCF adult initiatives, inspire residents and visitors alike to value and care for our oceans and local ecosystems. SCCF educators aspire to promote environmental literacy, thereby leading to changed hearts and minds. We recognize and celebrate the fact that learning is a process, a lifelong process. How we “educate” is firmly grounded in the concept of experiential education. As John Dewey espoused years ago, lessons



Ocean Tribe Paddlers offers kayaking excursions

photo provided

are learned and behaviors are altered through experiences. Through use of both our senses and our emotions, the experiences had in nature impact our world view and our actions. The idea of experiential education is foundational to SCCF. Experiencing the outdoors is the most important mechanism through which individuals develop an appreciation and empathy for our local ecosystems and waters. We want to implant the wonders of the outside world inside the hearts of others. Taking in the smells, sights, tastes and textures of nature is not only good for the soul, it is good for the heart and

mind. One cannot help but appreciate the beauty, peace and value of nature when deep in the mangal or floating on our local waters. SCCF educators believe in the value of being in nature to learn of nature. While not intending to inadvertently make a political statement by referencing a federal agency, the United States Environmental Protection Agency provides a philosophy of environmental education aligning nicely with that held by SCCF educators. Environmental education is a process that allows individuals to explore environmental issues, engage in problem

solving, and take action to improve the environment. As a result, individuals develop a deeper understanding of environmental issues and have the skills to make informed and responsible decisions (U.S. Environmental Protection Agency, www.epa.gov). In mid-August 2021, I joined SCCF as senior director of education. I come to SCCF with a background in educational leadership and deep connections to Southwest Florida. As senior director of education, my intent is to establish a cohesive and integrated environmental education department which meets the needs of children and adults. Under the strong leadership of Shannon Stainken, youth education director, Sanibel Sea School will continue teaching children about the ocean and local ecosystems. A longtime marine science educator for Sanibel Sea School, Stainken leads a team of four marine science and youth educators. SCCF adult educational programming is led by long-serving SCCF stalwart Jenny Evans in her new role as adult education director. Evans continues to be responsible for the Native Landscapes and Garden Center as well as coordinating volunteer-led walking tours, the use of our nature trails, and adult education opportunities such as Evenings at the Homestead. Sanibel Sea School and Ocean Tribe Paddlers veteran Kealy McNeal serves as the new community conservation coordinator. With a background in

continued on page 14

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- Knots and Line Handling: The Knots You Need to Know

The cost of the course is \$70 for members - \$140 for non-members. Course begins November 2nd at St Charles Yacht Club. The course includes a 7th session for the Final Exam.

On Nov. 20th the class session will be on Emergencies on Board. A second seminar opportunity is Rules of the Road on Nov. 6th. This specific class will be offered as a seminar (can be taken independently of the others). The cost of this seminar will be \$35 members and \$48 non-members.

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Fall Hunting Season



by Capt. Matt Mitchell

Fall tarpon fishing continues to get better and better. Out along the beaches, I'm seeing lots of fish. Unlike our springtime pre-spawn tarpon, these fish are hungry and eating. They will stay here on the unlimited bait buffet until the first hard cold front. With so much bait out along our beaches, they pack on lots of calories before that upcoming annual journey south.

The most difficult part of getting in on this amazing world class fishery is locating these fish. Conditions will be the main factor as calm waters make spotting these rolling fish much easier. Some days we find these fish within the no wake buoys and can return to them for days as long as weather conditions remain consistent. Then there are those other days you can run for miles and just never find them.

With great risk comes great reward, and running the beach looking for these fish can either be a slam dunk or a big goose egg. No other fish we target draws as many comparisons to hunting... they are our big game. Once you do locate them, you must position the boat within



A beach tarpon comes boatside before being released

photo provided

casting range so your angler has a shot. Wind direction plays a huge part in this as a down-wind cast is a much longer cast than one up or cross wind.

Slowly drifting through these fish works really well, while gently pointing your bow using the trolling motor as little as possible. Letting these fish come to you takes much more patience but works much better than aggressively chasing them. The more relaxed and happy these tarpon are, the better they feed. Wait till they come into range before making a cast.

Finding birds and bait fish is usually the first part of a tarpon hunt. Giant schools of threadfin herring are where these tarpon want to be. Time of day has been critical as most days the bite was over by 9 a.m. Although the bait was still there, the tarpon had done their thing and simply quit showing in any kind of numbers. A few ways to get to these fish early is by catching your threadfins while out looking for these tarpon. You can do this either with a heavy cast net to sink or with a sabiki rig. My favorite is to set a few pinfish traps the day before and pull them on the way to the beach tarpon grounds. Either way, don't miss out on those few magical hours that these tarpon are most active.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.✱

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Education

conservation, marine science education and paddle sports, McNeal is perfectly suited for her new role of leading community conservation efforts, to include Coastal Watch, Ocean Tribe Paddlers and our mobile marine laboratory.

We are one organization with the united mission of improving, protecting and caring for our local natural resources. Come and experience the wonder of nature with us. Whether a leisurely stroll on a nature trail or a strenuous paddle across the sound, SCCF educators can help open one's eyes to the complexities and beauty of our natural world. Enjoy the process of learning something new. Visit www.sccf.org.✱

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CROW Case Of The Week:

Nine-Banded Armadillo



by Bob Petcher

The nine-banded armadillo (*Dasypus novemcinctus*) is the only species of armadillo found in the U.S. – even though there are nearly 20 varieties of armadillo in

the world. It is a medium-sized mammal found mainly in the southern portion of North America, as well as Central and South America, making it the most prevalent species of the armadillos. It is reportedly working its way north in the U.S. as some have been seen in Illinois.

The “little armored one,” as its name translates in Spanish, is generally only 2 ½ feet long from the tip of its nose to the end of its tail and averages 12 pounds in weight. Amazingly, this type of mammal can traverse smaller streams and creeks efficiently. It has been known to hold its breath for close to six minutes and can move (walk) along the bottom of rivers.

At CROW, an adult female nine-banded armadillo was admitted after being found drowning in the current at Fort Myers Beach. The patient may have tried to negotiate a section of the back



Patient #21-5229 had a short stay at the clinic after almost drowning in the Gulf of Mexico
photo by Haillie Mesics

bay and reached the gulf by mistake. “Armadillos swim to cross bodies of water as needed, this serves the purpose of extending their range,” said Dr. Charlotte Cournoyer, CROW veterinary intern. “It is possible that the armadillo was swept to the beach by a strong current, even if that was not where it began its swim.”

Upon examination, the patient had some lacerations on its back and tail as well as abrasions on its nail base.

“We suspect it received its lacerations from struggling, possibly during the

drowning,” said Dr. Cournoyer. “The wounds were cleaned with chlorhexidine and saline but did not require further attention.”

Veterinarians were also concerned that the patient had inhaled some of the salt water since radiographs showed evidence of this. Dr. Cournoyer explained how salt water shows up on x-ray imaging.

“Lungs should appear dark grey to black on x-ray since they are filled with air,” she said. “Water in the lungs causes them to appear light grey instead, which can also cause reduced outline to other

structures – such as vessels or the heart.” Unlike fish, which absorb water through their skin and gills in a process called osmosis, and many marine mammals that have specialized organs, land mammals do not have the capacity to take in excessive salt water. They can drown, just like a man or woman.

“It is as serious as any other mammal, including humans. Inhalation of water, if it does not lead to drowning, can lead to infection in the lungs and reduced oxygen exchange,” said Dr. Cournoyer.

Medications and antibiotics were administered and, over the next few days, the patient showed steady improvement.

“On presentation, oxygen support was provided and fluids under the skin to rehydrate the armadillo were also given,” said Dr. Cournoyer. “The armadillo was placed on systemic antibiotic therapy for pneumonia from the inhalation of salt water, thus the antibiotics were also helpful in the healing of the lacerations.”

After six days in care, the nine-banded armadillo regained strength through nutritional support and was released back on land on Fort Myers Beach. Log it as another successful rehabilitation case by the folks at CROW’s clinic.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

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CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

General admission is \$12 for adults, \$7 for ages 4 to 12, and no charge for ages 3 and under.

Guests learn about CROW's history and day-to-day operations through displays, interactive exhibits and video. The center also features live animal exhibits, children's areas and live camera feeds of the hospital intake room and several outdoor rehabilitation enclosures. General admission includes the daily presentation (see schedule) and no reservation is required.

Hours are 10 a.m. to 4 p.m. Monday through Friday. CROW is located at 3883 Sanibel-Captiva Road.

For the safety of the animals and other guests, masks are required at all times in the Visitor Education Center.

Wildlife Walk Guided Hospital Tours – \$25 (includes general admission)

Southwest Florida is filled with fascinating wildlife, and CROW provides a unique opportunity to look into wildlife rehabilitation and meet the staff responsible for their care. Wildlife walks are the best opportunity for visitors to get an in-depth look into the inner workings of the hospital and



the treatment process. The hour and a half program has two parts: the daily presentation in the Visitor Education Center and then a guided tour through treatment areas of the hospital, concluding on the rehabilitation grounds. This program is open to all, but it is not recommended for children under the age of 13. Masks are required at all times during the tour.

Tours are offered Monday through Friday at 11 a.m. Capacity is limited to eight participants. Advance registration is required. Tours are subject to modification and cancellation based on patients recovering in the hospital.

To register, call 472-3644 ext. 229 or email reservations@crowclinic.org. Payment is required to complete reservation.

Daily Presentation Schedule

Friday, October 22, 11 a.m.,

Baby Care at CROW – Wildlife parents are devoted to the care of their young and rarely abandon them, and juveniles found “abandoned” might actually be in a natural stage of development. Those needing assistance are placed in a specialized wing of the wildlife hospital and are provided supportive care around the clock until they are old enough to care for themselves. One of CROW's

animal ambassadors will be present.

Monday, October 25, 11 a.m.,

Patient Profiles: Virginia Opossums – Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and humanmade. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

Tuesday, October 26, 11 a.m.,

Turtles, Terrapins and Tortoises – Turtles, terrapins and tortoises are all members of the Chelonian reptile family but convey distinct differences. This presentation discusses the distinctions between the three. One of CROW's animal ambassadors will be present.

Wednesday, October 27, 11 a.m.,

Pollination – Only 10 percent of flowering plants are pollinated without animal assistance. Animals play an important role as pollinators and are responsible for the production of most fruits and vegetables. This presentation will cover the partnership between plant and pollinator as well as the most important animal pollinators and the flowers they visit. One of CROW's animal ambassadors will be present.

Thursday, October 28, 11 a.m.,

All About Birds – There are more than 9,000 species of birds around the world. From wading birds to raptors, to songbirds, each are unique. This presentation discusses the differences between birds and what makes them an important part of the animal kingdom. One of CROW's animal ambassadors will be present.*

From page 1

Pink Out

or drive-through lunch with a choice of either a chicken wrap or a tuna wrap, which may seem appropriately symbolic of how this community “wraps” its arms around those who need extra support. The lunch is free to any cancer patients, survivors and caretakers who live or work on the islands, and donations are welcomed by other members of the community who choose to participate or simply want to support a good cause.

Let's Pink Out has grown each year with overwhelming support from both businesses and individuals within our community. This year, the foundation expanded, from hosting the Pink Out Picnic and providing a mammogram bus offering free screenings to uninsured individuals, to a series of events during the month of October including a Pink Flamingo High Tea, Dink for Pink Pickleball Tournament along with a Pink-a-Ball gala, all hosted by the Sundial Beach Resort and Spa.

Bondurant shared that “General Manager Becky Miller, along with Racquet Sports Manager Josh Jeffcott, and the entire staff at the Sundial Resort have been more than generous and kind in every aspect of supporting this organization.”

Bondurant went on to say that “Each event has brought even more community

awareness and involvement, and through this the organization is helping island members with cancer-related needs.” Bondurant also stressed that emotional support is just as important as educational and financial assistance so that those who are struggling with a cancer diagnosis know they are not alone.

The Let's Pink Out Sanibel and Captiva nonprofit organization is completely volunteer based. All costs associated with this year's events were sponsored by local businesses and members of the community so that all funds raised (which I understand is far outweighing the original goal) are used solely for the benefit of those afflicted with cancer-related needs. Though the Let's Pink Out events take place during the month of October, the intention is to provide ongoing support throughout the course of the entire year.

To make a reservation for the Pink Out Picnic on October 28, email pinkoutsannibel@gmail.com. Let's all support this charitable organization by enjoying a nutritious and delicious lunch.

Allison Havill Todd lives on Sanibel Island with her husband and two rescue dogs. She is an avid dog lover, business coach and active outdoor enthusiast. When she's not out with her dogs, you will see her running, cycling, paddling around the island. Follow her on @thedoggiemom and [facebook.com/thedoggiemom](https://www.facebook.com/thedoggiemom).*



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Students work together during a seining class photo provided

Sea School Offers Seining Classes

Sanibel Sea School is offering a limited number of After School Seining classes on Tuesdays. Classes run from 3:30 p.m. to 5:30 p.m. Seine nets are long nets that glide through the water to gently scoop up sea creatures. Taking inspiration from the native Calusa, Sanibel Sea School marine science educators teach students how to use seine nets in different environments around Sanibel. Two people work together, holding each end of the net, to

pull it through the water and back onto shore. “Seining is a great way for students to experiment with fishing using a different medium,” said Youth Education Director Shannon Stainken. “Many of our students have used a fishing pole before but most have never tried using hand nets.” In order to have a successful catch, students must work together to keep the net oriented properly. In addition to scientific exploration, seining is a lesson in teamwork and communication. The creatures are held in portable tanks with aerators for a closer look. Marine science educators encourage

students to observe anatomy and behavior. They’re challenged to determine how the animals caught have adapted to live in their habitat. After careful investigation, students release the creatures back into the water. After school courses are designed for ages 6 to 13 and cost \$20 per student. Whether gliding a seine net over seagrass or pulling it over a sandbar, students are sure to catch fish, crabs, comb jellies and other exciting creatures. Visit www.sanibelseaschool.org to register.*

Must-Do Courses At Sea School

submitted by Shannon Stainken, Youth Education Director

Sanibel Sea School has a lengthy course catalogue with over 30 different marine science topics. With so much to choose from, it can be hard to decide what courses to take. To break it down, marine science educators offered up their favorites: Dana Donkle’s choice is Plankton – Adrift at Sea. Plankton get their name from the Greek word planktos, meaning drifters. These are the plants and animals that, in many ways, support all life on the planet. “Many children don’t stop and think about the microscopic creatures in our oceans,” said Donkle. “This class gives students an opportunity to see them up close and personal.” In this course,

children collect plankton in specialized nets and learn to identify them using a microscope. “The variety of plankton we can see is fascinating,” said Donkle. “Students will never look at a drop of water quite the same way again.” Brianna Machuga loves to take students back in time for Calusa – Evidence of a Lost Culture. Ages before European settlers arrived on our shores, the Calusa made their home here. “We try to imagine ourselves as part of this lost civilization. We use natural materials to create tools similar to what the Calusa used. I love seeing students’ imaginations run wild while using what they find in nature to create,” said Machuga. Children can also try their hand at using a seine net, which is modeled after Calusa fishing nets. Sea Turtles – One in 3,000 Chance of Survival is Joey Garofano’s favorite. Southern beaches provide excellent nesting habitats for these amazing animals. “I love this course because we get to act like sea turtles and simulate the nesting process on the beach,” said Garofano. “Students leave the course with a newfound appreciation for how hard female turtles work to lay their eggs.” Sea turtle class also focuses heavily on efforts to conserve these captivating creatures. The best time of year to take this course is summer when there’s a chance to see tracks from a nesting female, or even a nest she left behind. Course topics at Sanibel Sea School rotate monthly. Classes are designed as continued on page 22



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Bailey-Matthews National Shell Museum
Shell Of The Week

The Royal Bonnet



by José H. Leal,
PhD, Science
Director and
Curator

The elegant
Royal
Bonnet,
Sconsia grayi A.
Adams, 1855, is
a close relative of
the famous Scotch
Bonnet, *Semicassis*

granulata. The Royal Bonnet, however,
dwells in deeper water than the Scotch
Bonnet, living at depths from 27 to
640 m (about 90 to 2,100 ft). The
species may reach 50 mm (about 2
inches) in length. The immature shell
illustrated measures about 30 mm (or
1.2 inches.) It was collected (dredged)
in early October during the 2021
Northeastern Gulf of Mexico Cruise led
by Dr. Greg Herbert of the University of
South Florida, and photographed by me
aboard the Research Vessel *Hogarth*.
Read more about mollusks and their
shells at www.shellmuseum.org/shell-guide
and www.shellmuseum.org/blog.

The Bailey-Matthews National Shell
Museum is open from 10 a.m. to 5
p.m. daily. Safety measures have been
put in place, and staff and visitors are



The Royal Bonnet, *Sconsia grayi*, from the northeastern Gulf of Mexico, Florida

photo by José H. Leal

required to wear face masks.

Your gift helps ensure that our
staff and animals remain healthy. To
make a secure donation, visit www.shellmuseum.org.

The Bailey-Matthews National Shell
Museum is located at 3075 Sanibel-
Captiva Road. For more information,
call 395-2233.✱

Blood Donors Needed

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where to donate, visit www.leehealth.org/our-services/blood-centers.✱

American Legion Post 123

American
Legion Post
123 is serving
barbecued ribs and
chicken from noon to
8 p.m. this Sunday,
October 24. A



Halloween party is
happening on Friday, October 29 from
6 to 9 p.m. Homemade chili is on the
menu for Sunday, October 31.

On Tuesdays, tacos are served all
day. Steak and cheesesteak sandwiches
are served on Fridays. There are daily
specials as well as half-pound burgers.
Food is served from 11 a.m. to 8 p.m.
Sunday specials are served from noon to
8 p.m.

The first Thursday of the month is
Open Mic Night from 6 to 9 p.m.

The 8-Ball Pool League plays at 5
p.m. on Monday nights. Two tables are
in play. Come out and watch the action.

If you have a flag that needs to be
retired, you can drop it off at Post 123.

American Legion member eligibility
dates are November 11, 1918 through
present. All veterans are welcome.

Post 123 is a non-smoking facility
with an outside area available for
smokers. It is located at mile marker 3
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SCCF researchers sample local waterbodies
photo provided

SCCF Monitoring Waterbodies For Nutrient Pollutants

The Florida Department of Environmental Protection's (DEP) 2020-22 Biennial Assessment Draft classifies the waters in Pine Island Sound, San Carlos Bay and the JN "Ding" Darling National Wildlife Refuge as "verified impaired" because they exceed nitrogen and chlorophyll a standards designed to support a healthy ecosystem.

The DEP evaluates water quality data collected for waterbodies within 29 watershed basins throughout the state. If there is enough data to meet the state's requirements, DEP will determine if the waterbody meets water quality criteria consistent with the federal Clean Water Act. The criteria are meant to protect the health of fish and wildlife, and ensure that waterbodies are swimmable and fishable and, in some cases, meet standards for shellfish harvesting and drinking water.

In 2020, the DEP analyzed data, including new data provided by Sanibel-Captiva Conservation Foundation (SCCF), which indicate that the waters immediately surrounding both Sanibel and Captiva islands do not meet water quality standards. When waterbodies are identified as impaired, the DEP will develop a plan for reducing the pollutant of concern. In this case, the plan would focus on reducing the amount of nitrogen entering the waterbodies from the adjacent land uses.

In addition to the nutrients nitrogen and phosphorus, DEP considers concentrations of chlorophyll a in the water. Chlorophyll a is an indicator of how much algae growth is occurring. High levels of chlorophyll a indicate waters are enriched with nitrogen and phosphorus (eutrophic) and the ecosystem can become over productive, leading to oxygen depletion, fish kills, harmful algae blooms (HABs) and other ecological problems.

"The sad reality is that most waterbodies throughout Florida are currently impaired, with a large majority of them being impaired for nutrient pollution. Despite all the work that our

communities on Sanibel and Captiva have done to preserve natural areas and reduce nutrient runoff from the landscape, the quality of our coastal waters continues to decline," said SCCF Environmental Policy Director James Evans. "This is in part due to the influence of freshwater discharges from the Caloosahatchee and Peace rivers, but local nutrient sources also continue to impact water quality."

The waters on the Gulf of Mexico side of Sanibel and Captiva are not classified as impaired because DEP still does not have enough data to determine their status. However, since 2018, the SCCF Marine Laboratory has been systematically collecting water quality data during quarterly sampling cruises in the gulf aboard the R/V *Norma Campbell*. This data is entered into DEP's database and will eventually be used to assess the status of the gulf waters adjacent to the islands. "What we have discovered so far in the Gulf of Mexico has surprised us a bit," said SCCF Marine Laboratory Research Associate Mark Thompson. "Even though the gulf has much more water to dilute pollutants entering from adjacent sources, levels of nitrogen and chlorophyll a near the islands often exceed criteria established for Pine Island Sound."

SCCF will be working with DEP to evaluate water quality in the nearshore gulf waters. "Our marine lab will continue to document and track nutrient loads entering local waterbodies to assist in identifying solutions to reduce nutrient sources and improve water quality," said Thompson.

The DEP is accepting public comment on the assessment until November 10. Learn more about the assessment at Watershed Assessment Section – Florida Department of Environmental Protection.

The devastating red tide events of 2018-19 resulted in more than 425 tons of dead marine life being removed from Sanibel. The Sanibel & Captiva Islands Chamber of Commerce reported more than \$47 million in economic losses between July and October. A closer assessment of the nutrients that contribute to red tide and other HABs will provide valuable tools to researchers in determining the factors that contribute to destructive blooms.

The large-scale HABs of recent years have made the links between water pollution, human health, quality of life and the economy quite clear. Southwest Florida has experienced the health and economic impacts of closed beaches, aerosolized toxins, and dead and dying fish and wildlife scattered along the coast. All coastal communities must work together to improve water quality.

Sanibel has set an example of the change that can occur when a community makes a concerted effort to improve water quality. By conserving natural lands, reducing the use of fertilizer, eliminating turfgrass, planting native plants, minimizing and/or eliminating impervious surfaces, and converting the island from septic to centralized sewer, Sanibel has demonstrated a significant commitment to improving water quality. Despite extensive efforts by the citizens of Sanibel, more work needs to be done to improve local water quality.*



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Pet Friendly Eatery Celebrates Fifth Anniversary



by Allison
Havill Todd

When Bill and Lise Letendre first moved to Sanibel in 1984, they never suspected they would be running a restaurant 32 years later. After raising

their three boys on the island in those early years, they moved back to Texas for a business opportunity before returning to Sanibel in 2015 with the idea of retiring.

With masters degrees in both pharmacy as well as business administration, Bill Letendre continues to be a pharmacy management coach and consults with pharmacists in three different countries on a part-time basis. Being accustomed to operating at a high level, Letendre decided retirement was not for him. When the opportunity arose in 2016 to purchase the Blue Giraffe restaurant located in the Periwinkle Place shopping center came to his attention, the Letendres knew it was time to act.

But what draws someone who has made a career in the field of pharmacy to run a restaurant? The Letendres



Bill and Lise Letendre photo provided

explained that, “We have always enjoyed hospitality and have been accustomed to hosting large groups of 150 or more people; this seemed like a perfect fit.” After enduring several challenging obstacles during its first few years of operation, the Blue Giraffe is celebrating the fifth anniversary of its opening date of October 1, 2016 and the Letendres shared that “2021 has been a very, very positive year despite staffing difficulties.” They credit their dedicated employees with the restaurant’s success and ask that all patrons demonstrate kindness and respect to their staff, especially during

busier times. With the opening of Blue Giraffe 2 at Beachview Estates in 2020, the Letendres are excited about what is in the future. After receiving over 135 qualified applications for the role of general manager to oversee both locations, they are proud to announce the introduction of Michael Puente, who joins the team with years of experience in the restaurant and hospitality industry. This location has quickly become an event destination hosting birthday parties, weddings, rehearsal dinners and business groups along with continuing to cater to the surrounding golfing community and neighborhood. Golfers at Sanibel Island Golf Club are outfitted with menus for Blue Giraffe on their carts and can call ahead to preorder lunch. If it’s not ready when you pass by the restaurant, a member of the staff will even deliver it to you on the course.

Blue Giraffe 2 also offers different membership options: The Dining Club provides members with the opportunity to purchase a card for \$1,200 to receive a \$1,300 credit toward the purchase of food, beverages or merchandise items. Dining Club members have preferred reservations, exclusive access to the clubhouse game room, which is also outfitted with massage recliners and an 85-inch TV, as well as invitations to member only events; The Clubhouse membership provides individuals access to the clubhouse and game room for \$250 per year, or \$400 per couple, where members may dine or enjoy the

entertainment options. Future plans for Blue Giraffe 2 at Beachview Estates include a focus on outdoor activities such as corn hole, Thursday trivia nights and continued live entertainment on Wednesday, Friday and Saturday from December to April. Bring your favorite (well-behaved) furry or feathered friend to either of these pet friendly locations and enjoy a wonderfully generous meal or bottomless mimosas for Sunday brunch! Allison Havill Todd lives on Sanibel Island with her husband and two rescue dogs. She is an avid dog lover, business coach and active outdoor enthusiast. When she’s not out with her dogs, you will see her running, cycling, paddling around the island. Follow her on @thedoggie mom and facebook.com/thedoggie mom.✧

Red Kettle Bell Ringers Needed

This year’s Salvation Army Red Kettle program runs from Friday, November 26 to Friday, December 24. Sanibel bell ringers will be on duty from 8 a.m. to 7 p.m. Monday through Saturday. Volunteers are needed, preferably for a two-hour session. Sign up online at www.registertoring.com. Log in with your email and password, and choose your date(s) and time(s). Coordinators for this year’s campaign are John MacLennan, 401-932-4383, and Susan MacDowell.✧

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Mayor Meets With Locals



From left, Arlene Dillon, Lise Letendre (owner of Blue Giraffe 2), Mayor Holly D. Smith and Nicole McHale photo provided

Sanibel Mayor Holly D. Smith met with islanders at the Blue Giraffe 2 restaurant at Beachview Estates recently for an optimistic discussion on the future of Sanibel.✧



Workshops

BIG ARTS workshops are a great place to learn a new hobby or pick up an old one. The 2021-22 workshop season offers a wide range of classes from experienced instructors. Fall workshops include: “Grateful” Farmhouse Artwork with Jenny Licht – Saturday, October 23, 9 a.m. to noon. Donor: \$69; nondonor: \$86. Glass Fusing with Petra Kaiser – Thursdays, October 28 to November 18, 9:30 a.m. to 12:30 p.m. Donor: \$99; nondonor: \$124. Pre-registration is required for all classes and workshops. For more information, call the box office at 395-0900, open 9 a.m. to 3 p.m., or stop by BIG ARTS, located at 900 Dunlop Road on Sanibel. For complete course descriptions, workshop and class schedules, visit www.bigarts.org or email info@bigarts.org.✧

Shell Found



Lucas Payne photo by Willow Peterson

Lucas Payne, 10, of Stillwater, Oklahoma found a junonia in the Wightman Lane area of Captiva. He was staying at the Captiva Sun and Moon Pool House.✧

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Florida Sea Grapes Great For Preserving



by Chef John Wolff

A neighbor stopped me in the grocery store the other day and he wanted to know what he could do to prevent the sea grape tree in his yard from dropping fruit all over the lawn and driveway. The best answer I had for him was, pick them and make jelly for both holiday dinners and gift giving.

The versatile sea grape, known as *Coccoloba uvifera* to horticulturists, is a common, native plant in Florida, the Caribbean and South America. It is found in coastal hammocks and landscapes from central Florida southward. It is a variable plant and can be evergreen, semi-deciduous, or deciduous. The leaves are large, up to eight inches across, and

circular or platter-shaped with a heart shaped base.

Sea grape fruit is edible, sweet with some acidity and an unremarkable flavor. The most common uses for the fruits are for making wine or jelly. Sea grape fruits are small and full of seeds, and a lot of fruit is needed to extract enough juice to use in the kitchen; about a quart of fruit will yield about a cup of juice.

Pick sea grapes only from known areas with the landowner's permission. Avoid coastal environments as sea grapes are protected by law along the dunes and barriers. If picking from a landscape location, do so with caution as many landscapes are treated with pesticides

Sea Grape Jelly
2 pounds sea grapes (firm but not overripe)
Cold water to cover
1 cup sugar for each 1 cup juice
Add sea grapes to large pot. Cover well with water and boil rapidly for 20 to 30 minutes, mashing the grapes while boiling.
Pour the mixture through cheesecloth to strain the juice (have a pan beneath the cheese cloth to catch the juice). Allow the juice to drop through the cheesecloth, and then squeeze out the remainder. Some jelly makers then strain the juice again, through a cotton flannel bag, to achieve a clearer jelly.
Add 1 cup of sugar to each 1 cup

which could migrate to the fruit.

You can cover the fruit clusters with a bag and shake them. This will dislodge the ripe fruits, leaving the unripe ones to be harvested a few days later. The ripe fruits can then be boiled with a small amount of water until the fruits are very soft. Then mash and extract the juice by straining through cheesecloth. The pretty pink juice is then mixed with sugar and a bit of citrus juice, cooked to a soft boil, cooled a bit and then poured into jars.

Check out the USDA's guide for *Preparing and Canning Jams and Jellies* for general recipes and safe handling instructions. *The Complete Guide to Home Canning* is available at

<https://nchfp.uga.edu/publications/usda/GUIDE07>.

There is no cure for dropping fruit other than collecting it for disposal – composting would be good after collection. It is possible to clip the flower stalks from the trees before fruit develops, but this is a labor-intensive task as it can only be done by hand. Instead, collect the fruit for use in the kitchen.

This Thanksgiving, try a little sea grape jelly brushed over roasted sweet potatoes for a tropical treat.*

From page 17 Sea School

half-day experiences for students ages 6 to 13. Visit www.sanibelseaschool.org to view the course calendar. Courses are offered at Sanibel Sea School, Sundial Beach Resort & Spa and South Seas Island Resort. The full catalogue can be found on the "Sanibel Flagship Campus" page of the website.

Sanibel Sea School can also create customized two-hour sessions around any of these topics as a land-based private option. Land-Based Privates are open to all ages and families. Email sanibelseaschool@sccf.org.

All offerings give students an opportunity to touch, feel and interact with the natural Southwest Florida environment. Whether it's holding a squishy sea hare or trudging through mangrove mud, all experiences at Sanibel Sea School are sure to foster a deep connection to our ocean planet.*

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Causeway Project Discussed At Meeting

Lee County's primary goal in improving the Sanibel Causeway is to keep intact the two islands' Sanibel feel and their historical usage, according to Jesse Lavender, director of Lee County Parks & Recreation, who told members of the Sanibel & Captiva Islands Chamber of Commerce during a virtual Power Hour on October 6.



Jesse Lavender

"That's kind of why I wanted to get these renderings drawn up to share with the public," he said during his Zoom slide presentation. "I've lived here my whole life. If I look at these renderings, I feel it's in keeping the nature of the island. We're not looking to change that up. It's not Marco Island, it's not Naples, it's not even Fort Myers Beach. We want to preserve what we've had."

Work began this summer on the project, which has a hard completion date of June 20, 2024. County crews have taken down invasive, nonnative Australian pines and started to build T-groins on Island B, closest to Sanibel. Lavender emphasized that design planning is only 30



Jesse Lavender shared renderings of the proposed improvements

percent decided, and the county welcomes feedback on the plans, which are available to view at www.leegov.com/parks.

Improvements already decided include more T-groins on both islands with beach renourishment, designated ingress and egress for parking areas, a roundabout for dropping off paddlecraft and small sailboats, native landscaping that will provide more shade than the Australian pines did previously, stormwater management measures, pavilions on both islands and permanent restrooms on both sides of Island A. Key to the new design, a dunes system with crossovers between parking and the beach will stabilize the islands and slightly raise their elevation to counteract sea-level rise.

Still on the drawing board, the county is

considering a bike lane, a pervious walking path, rock enhancements on the south side of Island A to keep down wave action, fishing enhancements such as a cleaning station and restrictions for waverunners.

"We want to keep the historical activities on each island and make it safer and prevent erosion," Lavender said. "Jet skis sometimes get careless and close to swimmers. We're talking about swim zones, but that won't come until later in 2024."

Questions from meeting attendees reflected concern about changes to parking. On the two islands, there will be a total of 238 designated parallel and pull-in parking spots, including four RV spots. Lavender compared that to vehicular counts on the causeway this past Labor

Day weekend – a total average of 411 a day on both islands. Some of the parking on Island A will be converted to event space for Easter Sunrise Service and the Sanibel-Captiva Conservation Foundation (SCCF) annual fundraiser for Sanibel Sea School.

County commissioners will be meeting soon to decide on whether or not to institute parking fees on the causeway, plus other facets of the project, Lavender said.

"We appreciate what you're doing on the project," said John Lai, chamber president and chief executive officer. "You're on the hot seat today. I think we had more than 20 questions. The community is very engaged with this

continued on page 26

photo provided



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Squash and Tomato Gratin

2 medium yellow squash, thinly sliced
 2 medium zucchini, thinly sliced
 3 medium tomatoes, thinly sliced
 2 garlic cloves, chopped
 2 shallots, chopped
 1 tablespoon fresh basil, chopped
 2 tablespoons Parmesan, grated
 ¼ cup breadcrumbs
 Olive oil for drizzling
 Sea salt and fresh ground pepper, to taste

Preheat oven to 400 degrees. Lightly oil an 8-inch square baking dish. Evenly spread the garlic, shallots, and basil in the bottom of the prepared dish. Season with salt and pepper. Angle the yellow squash, zucchini and tomatoes in upright alternating layers (like shingles on a roof), repeating until all the



Squash and Tomato Gratin

vegetables are used in the casserole. Sprinkle the top with the cheese, then

the breadcrumbs. Drizzle lightly with olive oil. Bake for 20 to 25 minutes,

photo courtesy Fresh From Florida
 until the vegetables are tender. Let stand for five minutes before serving.*

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From left, Dr. Stephen Geiger and Dr. Gregory Herbert with Dr. José H. Leal aboard R/V Hogarth at the end of a successful research cruise in the Gulf of Mexico photo provided

Science Director Joins Colleagues For Expedition

Earlier this month, Bailey-Matthews National Shell Museum Science Director and Curator Dr. José H. Leal participated in a research cruise off the coast of Florida’s Big Bend, in the northeastern Gulf of Mexico. The four-day expedition was part of a long-term

project led by Dr. Gregory S. Herbert of the School of Geosciences at University of South Florida (USF) that aims to inventory the biodiversity of mollusks on Florida’s continental shelf. Dr. Leal is currently collaborating with Dr. Herbert on a couple of scientific projects involving Florida marine mollusks, including a study on small cones of the genus Conasprella. Dr. Herbert is a past museum board member and provided the junonias on display in the museum’s Living Gallery, collected during

other research cruises attended by Dr. Leal. “The expedition provided another great opportunity to perform field work on molluscan biodiversity in a poorly known part of the Florida shelf and to interact with colleagues and students,” said Dr. Leal.

Also participating in the cruise were Dr. Anthony Menicucci (USF), Dr. Stephen Geiger (Fish and Wildlife Research Institute, Florida Fish and Wildlife Conservation Commission) and several USF students. Visit www.shellmuseum.org to learn more about the museum’s mission.✱

Restaurants Team Up For City Manager Salute

Numerous local chefs and restaurants are joining forces to enhance the menu at a community reception for recently departed Sanibel City Manager Judie Zimomra. Scheduled for Saturday, December 4 from 3 to 6 p.m. at The Community House, the reception will be an open house format and is open to the public.

The reception is being organized by the Friends of Judie committee, representing island businesses, service groups, nonprofit organizations and private citizens. It will provide an opportunity for residents and visitors to express their appreciation to Zimomra for her 20 years of service to the Sanibel community. Refreshments will be served during social hour and a program will follow honoring Zimomra. The light menu will include appetizers from a range of popular island eateries. Restaurants and



Judie Zimomra photo provided

food services signed up so far include: Doc Ford’s Rum Bar & Grille, Traders, MudBugs Cajun Kitchen, Sanibel Café, Sanibel Catering Company by Bailey’s, Sanibel’s Best Homemade Ice Cream, 400 Rabbits Mexican Kitchen and Sanibel Community Association. Tickets are not required but for planning purposes, those who plan to attend are asked to RSVP in advance by calling The Community House at 472-2155 or sending an email to office@sanibelcommunityhouse.net.✱

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Book Review

Falling



by Di Saggau

On the inside cover of *Falling*, it reads, “You just boarded a flight to New York. There are 143 other passengers on board. What you don’t know is that 30 minutes

before the flight, your pilot’s family was kidnapped. For his family to live, everyone on your plane must die. The only way the family will survive is if the pilot follows his orders and crashes the plane. Enjoy the flight.” Well now, if that doesn’t get your attention, I don’t know what will.

Falling is an intense thriller with characters you will care about. With a flight scheduled for a family reunion, I was not anxious to read about this kind of scenario, but I couldn’t resist. The book is full of suspense, and I didn’t cancel my flight.

The pilot Bill Hoffman is flying a red-eye from Los Angeles to New York, which means he’ll miss his son’s baseball game. That’s the least of his troubles. He soon learns what has happened to his family and what he is being asked to do. Newman focuses on a small group, the pilot and his family,

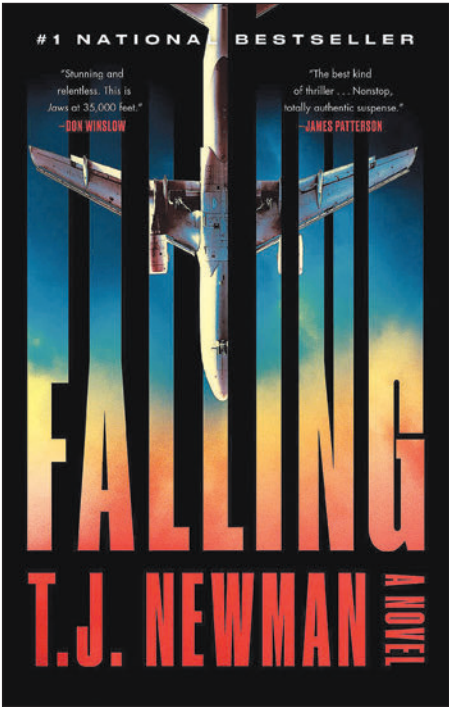


image provided

the flight’s crew, a few passengers, the bad guys and some key people on the ground.

One of those people is Jo, a longtime colleague who knows what is going on and, in turn, gets her FBI-agent nephew Theo involved. It’s a race against time to save the family and the passengers. Newman’s background includes being a flight attendant, and she wrote much of the book on

cross-country, red-eye flights while her passengers were asleep.

The story is set in real time spread over three time zones. Brief flashbacks show how characters became who they are. We see Bill in flight school, then as a husband and father. As to the bad guys, we see them as children, bonding as they watch an American movie in a faraway country. This first-time novel by

Newman is full of authentic suspense.

Don Winslow said, “A bullet train of a thriller with incredible tension and personal stakes. The real engine of this stunning and relentless book is how far would you go to save your family? I read *Falling* with my heart in my throat. This is *Jaws* at 35,000 feet. An extraordinary debut and the perfect summer page-turner.”**

School Smart



by Shelley M. Greggs, NCS

Dear Readers,

As we approach one of the biggest holidays of the year, Halloween, feelings of great excitement as well as some feelings of fear

may emerge. Most kids and adults enjoy Halloween and dressing up in costume, however there are a significant number of children who dread Halloween. They hate getting dressed up and are fearful for a number of reasons. Some kids and their parents alike are often secretly embarrassed to say that they do not like this widely loved day and feel uncomfortable about not fitting in like everyone else.

There is no need to be embarrassed. Halloween can be a real stressor! Some children find the holiday quite challenging. For kids who are shy or have challenges acting appropriately, dealing with surprises and disappointments, following directions, getting along with peers, Halloween is difficult. And the arguments about wanting to eat all the candy immediately, or requiring kids to share their candy can make Halloween a disaster.

There are some things that you can do to address a child’s anxiety about Halloween. As you know, routine and anticipatory guidance can help those with anxiety. Make sure your child understands exactly what will happen and what is required of them. Go out early to avoid the “mayhem” of later hours and give as much information about the timetable as possible. If a little chaos is unavoidable, kids with anxiety will likely be reassured by a return to routine at home afterwards, like a regular bedtime story or activity.

There are some real fears associated with Halloween for young children who still have trouble distinguishing fantasy from reality. They could get a very unpleasant surprise, particularly if they have specific phobias or anxiety associated with Halloween images like witches or monsters. Also, parents should be aware that older children passing into their “teens” are developing a better understanding of death especially in light of all the school shootings. The holiday could be unsettling for them.

Make sure that the costume your child will wear, especially if they have

sensory issues, will meet their needs. For some kids, particularly those with sensory issues, the wrong item of clothing can destroy a wonderful night, for you and for them. Many parents have concerns about the sexy or gruesome Halloween costumes marketed to kids, so be cautious with the costume choices.

Halloween is supposed to be fun but going out or dressing in costume isn’t required. The comfort and joy of your child should come first. If this isn’t the year for your child to trick or treat or be able to handle extended activities with peers, there is always next year. Make sure that the teacher is aware of your child’s apprehension. You may want to ask her if they can miss the party at school.

If you choose to stay at home, have a clear agreement about who will speak at the door, so that anxious kids know what’s expected of them. Should you decide to stay in, your child can still participate from a safe place and gain some social experience, even if it’s not a lot. Remember, this night is supposed to be fun, but it can also be a learning experience for a child that allows them to enjoy it more fully in the future.

You may just want to make up your own unique routines for the day. Pumpkin carving, pizza for dinner and spending the evening together at home as a family may just be the right thing to do for your child this year. If having your own routine makes both you and your child less anxious about Halloween, celebrating it your own way may make this holiday much more enjoyable.

Shelley Greggs is former faculty at Florida SouthWestern State College, where she taught psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com or at www.schoolconsultationservices.com.**

From page 23

Causeway

project, as it should be. I know it will be something we can be proud of when it’s completed.”

Lavender has served with Lee County Parks & Recreation for the past 17 years at almost every level. Prior to that, he graduated from the University of North Carolina at Greensboro with a bachelor’s degree in travel, tourism and commercial recreation. He also worked as a fishing guide in Pine Island Sound and Everglades National Park.**

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Special Events At Nature Stores



The 2022 Luc Century ornament

photo provided

The “Ding” Darling Nature Store will host a series of holiday and other special events and promotions in honor of the 40th anniversary of the “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS). It operates the two physical stores on Sanibel and www.shopdingdarling.com online in support of the JN “Ding” Darling National Wildlife Refuge.

Most of the events, unless otherwise noted, will take place at Nature Store2, located at 2250 Periwinkle Way. The annual after-hours holiday shopping at Nature Store2, featuring food, drinks, giveaways and free holiday gift wrapping, will be held on Thursday, November 18 from 4 to 7 p.m. The store will debut the 2022 collectible Luc Century holiday ornament for sale that night. The limited edition ornament showcases the society’s logo bird, the aninga. The ornament, etched by the Sanibel artist, will be oval in shape rather than the traditional circular glass ornament.

DDWS will also host a daytime holiday shopping event at its flagship store in the “Ding” Darling Visitor & Education Store at the refuge on Tuesday, November 23 from 9 a.m. to 4 p.m. There will be specials, giveaways and free holiday gift wrapping.

On Saturday, November 20, Art of Conservation features personal appearances and signings by three local artists at Nature Store2. This year’s artist in residence, nature painter Rachel Pierce, will be on hand from 11 a.m. to 1 p.m. The store will be debuting holiday cards designed by Pierce that day. In the afternoon, from 2:30 to 4:30 p.m., famed nature photographer Clyde Butcher and his photographer-artist wife, Niki Butcher, will be making personal meet-and-greet appearances.

Nature Store2 also will be participating in the island-wide Luminary Night on Friday, December 3 by extending store hours to 9 p.m. and offering refreshments and special buys.

In keeping with its anniversary theme,

the stores will be unveiling one new specialty item for every decade DDWS has been in existence to support refuge education, research, land acquisition and restoration, and other conservation programs.

The first two products will be available for holiday shoppers. They include exclusive Avery Home tea towels designed especially for “Ding” Darling with seashells, manatees, roseate spoonbills and other refuge birds. A handmade logo coffee mug by Deneen Pottery in Minnesota in a limited-edition color scheme will also commemorate the occasion. The new items will be available at both stores and online at www.shopdingdarling.com.

Also new for the season, the nature stores will be selling merchandise relating to the original label artwork by Latina artist Emily Alvarez on its branded Wild Daze Ale, which rolls out Saturday, December 4 at a special event in Fort Myers with partner Fort Myers Brewing Company.

“All profits from Nature Store purchases go directly to benefiting wildlife and conservation,” said Nature Store manager Ann-Marie Wildman. “This always has been a fun way to get everyone into the holiday spirit with an altruistic twist. Shoppers can feel good about making a difference with their ‘retail therapy.’”✱✱

‘Ding’ Darling High School Photo Contest

The 9th annual “Ding” Darling-Theodore Cross High School Photography Contest is open to high school students in Lee, Collier, Charlotte, Glades and Hendry counties. Deadline for entries is February 15. Prizes include a Canon digital SLR camera package, photography opportunities to be announced, and copies of *Waterbirds: Portraits and Anecdotes from Birding Adventures* by contest namesake, the late Theodore Cross.

“The Theodore Cross Family Charitable Foundation has made possible this contest with a generous grant to the ‘Ding’ Darling Wildlife Society-Friends of the Refuge (DDWS),” said Birgie Miller, DDWS executive director.

“We are so happy to be supporting a contest in my father’s name, a contest that will get our youth involved with nature by looking at it – as my father so loved doing – through a camera lens,” said daughter Amanda Cross.

Digital image entries can be shot from any outdoor venue in the state of Florida. A writing component to the contest requires entrants grades nine through 12 to submit a 100-word description of the “moment” captured and how it reflects what nature and wildlife mean to the photographer.

Guidelines and prize information are posted online at www.dingdarlingsociety.org/articles/photo-contests. Call DDWS at 472-1100 ext. 4 for more information.✱✱

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There are lots of new thriller fiction books at the library photos provided

Spooky October Fun At The Library

Stop by Sanibel Public Library to play with the new Infinity Game Table featuring digital versions of classic and iconic board games. Look for it near the puzzle area. Play with friends or try some of the one-player games.

The library offers passes to four of the area’s popular attractions – Bailey-Matthews National Shell Museum, Sanibel Historical Museum and Village, Golisano Children’s Museum of Naples (C’mon) and Clinic for the Rehabilitation of Wildlife

(CROW) Visitor Education Center. One pass per location may be reserved to check out per Sanibel Public Library card. Loan period is one week. Call the library for more details, or to place a hold on a pass.

A Sanibel-Captiva Art League exhibit is on display until November 22. It includes works by members Gloria Krekel, Mary H. Klunk, Donna Filomio, Dave Tomkins and Carolyn Johns.

Stop by during October to see a collection of 100 intricate origami works by Cabe Rieck, a self-taught artist who has been creating origami for about four years. The display case is near the glass elevator.

If you’re interested in learning how to



Origami created by Cabe Rieck

make a Ddakji, you can get instructions and paper at the library. Ddakji, sometimes called ttakji, is a traditional South Korean game played using folded paper tiles.

The library offers a display case to showcase unique and interesting collections. If you have a collection to share, call the library.

The book sale room has lots of new fiction, coffee table books, magazines, CDs and young adult books. Most books are priced under \$4. In the main lobby, there is a \$1 book sale.

The library is open for normal season

hours. All items on hold may be picked up from the main service desk.

Library cards are available to all residents of Sanibel and Lee County at no charge. You must present your valid driver’s license (or similar government ID) showing your current Lee County address. Visitor cards are available for a \$10 fee and are good for one year.

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LEE COUNTY
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Cotillion Seeks New Members



From left, Wayne and Gayle Laufer, Fred Bondurant, Daniela Jaeger, Friedrich Jaeger and Mary Bondurant photo provided

The Island Cotillion gathers three times a year for dinner and dance to live music at The Sanctuary Golf Club. Attire is formal and occasionally, there is a costume theme. Cotillion dances for this season are scheduled for Thursday, December 9, February 16 and April 26. If you are interested in joining the cotillion or would like more information,

call Julie Boyd at 395-0464 or Jan Halliday at 614-580-5663. Membership is limited to those with island connections and is by referral. Annual dues are \$100. Steering committee members are Julie and Corky Boyd, Bill and Judy Cheney, Maggie and James Davis, Jan and Pete Halliday, Gail and Phil Pilibosian, Laura and Shawn Shaffer, and Patsy and Hubie Whitaker.✧

Poetry Corner



by Clay C. Ewell

ETERNITY

He sat with me among the dunes as the sun descended in its final
Glory of golden lite, igniting the, until then, invisible wisps of clouds
Hovering above the distant horizon and we knew without speaking that
It's final winking farewell to the day would be obscured from all but our wishes.

You know, my friend, he said to me, when the time we have grows short,
Each moment becomes all the more precious and I find I grow restless.
I replied that it has been said by a few among us, a few far wiser than you and I
That when we see the end approaching, we are offered a choice.

They say that we can live today as if it were our last and seek to make amends,
To gather in around us the mistakes, the regrets, the wounds inflicted and vow to
Live out our days in a new light, along a new path that in the end restores the center.
And others say that one should live today as if it will be repeated into eternity.

I looked into his eyes and glimpsed for an instant all the other moments that had
Passed by and I said, you should have no regrets, you should seek no one's forgiveness.
You among all others were the truest to yourself, the most forthcoming with your unique
Lightness of spirit and a generosity of heart that through you, was a gift to us all from God.

Clay C. Ewell resides on Captiva with his wife and four-legged family. Self-employed as a consultant in the construction industry for 35 years, he flirts with retirement while enjoying time with Rita and pursuing his interests in reading, writing and cycling. Your comments and contributions to this feature are welcome at press@islandsunnews.com.✧

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Noah's Ark Chairperson Sue Sterrett in the Christmas storeroom photos provided

Thrift Shop Readies For Christmas Sale

On Monday, November 1, Noah's Ark, a thrift shop located on the grounds of Saint Michael and All Angels Episcopal Church, will celebrate the annual Noah's Noel that from 9:30 a.m. to 12:30 p.m. with tickets given out beginning at 8:30 a.m. Items on sale include artificial Christmas trees, wreaths,



Items being put on display

stockings and holiday dinnerware that will continue to be sold throughout November.

The shop also offers clothing, furniture, art, décor, electronics and books. In operation for over 60 years, Noah's Ark is a mission of the women of the church. Proceeds from sales, along with monies from the church, go to more than 25 local, regional and global charities.

Noah's Ark accepts donations that can be left at the dock on the side of the building at any time. Furniture items may be donated by calling 412-480-0779.

In October, the ark is open Tuesday and Friday from 9:30 a.m. to 12:30 p.m. Beginning November 1, hours are Monday through Friday as well as the first Saturday of the month from 9:30 a.m. to 12:30 p.m.

Noah's Ark is located behind St. Michael's Church at 2304 Periwinkle Way on Sanibel. For more information, visit www.saintmichaels-sanibel.org and www.facebook.com/noahsarksanibel.✱

Taste Of The Islands Passports Now On Sale

Clinic for the Rehabilitation of Wildlife (CROW) Taste of the Islands passports are now available for purchase at select locations on and off the island, or can be purchased online for pickup at a designated "will call" location.

Participants can purchase a passport with restaurant listings and a map, along with details of the items offered by each restaurant. Restaurants will stamp the passport so patrons can track their progress around the islands. Only passport holders will be eligible to vote for their favorite restaurant to win the coveted People's Choice Award sponsored by Rosier Insurance. Turn in your ballot by December 4 to be entered into a drawing for prizes including vacation stays, jewelry and gift certificates.

Passports are available at CROW's Visitor Education Center, Bank of the Islands and Edison National Bank locations, all Bailey's General Store locations, Huxter's Market & Deli and select participating restaurants. Diners may also purchase their passport online at www.crowclinic.org for pickup at either the Sanibel & Captiva Islands Chamber of Commerce or CROW's Visitor Education Center.

The 40th Taste of the Islands kicks off on November 1 and will take place every day of November. Each participating restaurant will be offering at least one "Taste" item to showcase their cuisine throughout the month. A portion of the proceeds from those designated food and beverage "tastes" sold will be donated to the CROW. Participants can choose in person dining or takeout.

"Modifying Taste of the Islands from a one-day event to a month-long event allows people to enjoy our restaurant partners at their convenience and for more of our wonderful island restaurants

to participate," said CROW Executive Director Alison Charney Hussey. "The safety and welfare of those supporting CROW is our first and foremost concern. We were pleasantly surprised as to the increased participation in 2020 with the COVID modified format and with the success of CROW's longest running fundraiser. We cannot thank the community enough for their support."

CROW Crawls will be held every Saturday in November from 11:30 a.m. to 3:30 p.m., featuring restaurants around the islands. CROW's animal ambassadors will be at the CROW tent in front of one of the restaurants, with Taste of the Islands sponsors featured outside other restaurants during the crawl. Although each restaurant is featured on one Saturday, diners are encouraged to visit all of the participating restaurants and order menu items any day in November. A complete list of restaurants and Saturday CROW Crawls are on CROW's website at www.crowclinic.org.

Bank of the Islands/Edison National Bank has returned as the presenting sponsor. This is the 12th year in a row that the bank has led the sponsorship for CROW's signature fundraiser. Event sponsors also include Waterman Broadcasting NBC-2/ABC-7 as lead media sponsor, The Silverman Organization and VCA Sanibel Animal Hospital as executive chef sponsors, Waste Management as a sous chef sponsor, and the *Sanibel Islander/Island Reporter* and *Santiva Chronicle* as supporting media sponsors.

For more information, visit <http://crowclinic.org/articles/40th-taste-of-the-islands>. RSVP on the Taste of the Islands Facebook event page for live videos from restaurants and to follow the judging.✱

From page 1

Cruises

efforts and plans are under way to raise even more this season. Net proceeds benefit SCCF and Sanibel Sea School's water quality research and education efforts.

The cruise begins at McCarthy's Marina on Captiva, where guests will receive an individually boxed appetizer selection and a cocktail, included in the \$100 ticket price. Guests will be able to purchase additional drinks from the bar throughout their time on board.

Each cruise features a curated artist from a variety of musical genres, who will begin entertaining shortly after the boat departs. Guests can take in the sights and sounds while cruising the waters of Pine Island Sound. After approximately two hours, the captain of the *Lady Chadwick* will steer the audience to a sunset viewing area to catch the elusive "green flash." A short sail back to the dock puts you back on solid ground just in time for dinner.

For reservations, go to <https://pineislandsounds.eventbrite.com>.✱

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Highlights From Chamber Lunch

The Sanibel & Captiva Islands Chamber of Commerce returned to its in-person business luncheon format on October 13 featuring guest speakers Toni Westland, supervisory refuge ranger for JN “Ding” Darling National Wildlife Refuge, and Lynnae Messina, associate executive director of the “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS). The meeting, held in an outdoor tent at The Dunes Golf & Tennis Club, was sponsored by Vector & Ink, which has published the chamber’s visitor guide for 15 years.

Alex Bustmante, general manager of Vector & Ink, and John Lai, chamber president and chief executive officer, unveiled the beachscape image on the front cover of the 2022 guide and introduced photographer Rob Hoovis with Old Sparky Productions in Fort Myers.

After lunch, Westland and Messina teamed up to fill chamber members in on what has been going on at the refuge and what is upcoming. Highlights included the WoW (Wildlife on Wheels) mobile outreach classroom that the refuge and DDWS completed late last year, just in time to bring field trips out to the community.

“We could no longer bring busloads of students to the refuge for education during the initial COVID outbreak,” said



Toni Westland and Lynnae Messina brought members up to date on refuge happenings photos provided

Westland. “WoW allowed us to reach hundreds of kids and adults during that time. And now we’re back again to carefully conducting school field trips along with the community outreach.”

Messina displayed art especially created for DDWS’ release of Wild Daze Ale beer on December 4 at Fort Myers Brewing Company. She also talked about the start of restoration efforts at the 68-acre Lee Anne Tauck Conservation Tract, which the refuge acquired in 2019 through DDWS fundraising and a partnership with Lee County Conservation 20/20 program.

“We will be inviting the public for input



Chamber board president Mark Blust, photographer Rob Hoovis and Alex Bustamante of Vector & Ink with the 2022 guide cover

on how we can make the tract accessible once we’ve taken out all the exotics,” said Westland. “With BP money and other grants, we want to restore the wetlands habitat for roseate spoonbills and our other shore birds. We’re thinking paths for just foot and bike traffic, probably.”

The team handed out candy prizes to those who answered questions about “Ding” Darling correctly, including what anniversary DDWS is currently celebrating. That answer is 40th.

“We congratulate the refuge friends group for all it has accomplished in four decades to keep the refuge running in hard times and supporting water research, conservation education, and

valuable wildlife habitat,” said Lai. “As one of the islands’ main attractions and economic drivers, ‘Ding’ remains a vital partnership for the chamber and our business community.”

Wednesday, October 13 marks the chamber’s next monthly business meeting, to be held at Casa Ybel Resort on Sanibel. Sam Ankerson, recently appointed executive director of the Bailey-Matthews National Shell Museum, is the guest speaker. The chamber is seeking sponsors for that luncheon. For more information, contact Landen Drake at landen@sanibel-captiva.org or 472-8255; or Mitch Orr at support@sanibel-captiva.org or 472-8759.✧

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Superior Interiors

Encourage More Use Of The Dining Room



by Marcia Feeney

The dining room offers so many opportunities to mingle with loved ones and catch up after time away from each other. Whether you're hosting a holiday, having a game night

with your children or wining and dining with old friends, the dining room table has a way of bringing people together and making the conversation flow in an effortless manner.

But when was the last time that you retreated to this area of your home? You might have talked about gathering in this space with your favorite people, but did you ever make it to this cozy space, or did you resort to the living room instead? There's nothing wrong with getting together on the sofa, of course, but you should certainly make use of your dining area if you have one.

If you're having a hard time motivating yourself and your guests to sit down at the dining room table and enjoy a meal and conversation, maybe you need to

spruce the space up to encourage more usage.

It's easy to assume that you only need enough seating to take care of your live-in family members, but that's likely the reason you don't make use of this space when guests come around. A larger table with more chairs can solve this problem, but you can also keep a bench nearby to accommodate those who don't necessarily need to sit at the table, but still want to be a part of the conversation.

Perhaps the reason you're avoiding the dining room is that it's dark and gloomy. First, decide how much natural lighting you have available. If your current window treatments are keeping you from embracing the natural sunlight, switch them out for something more flowy and transparent like sheer treatments. If your dining room is in the middle of your home with minimal natural lighting, you may consider a new light fixture that gleams down on the middle of the table. This will not only illuminate the space, but it can also be the perfect focal point of the room.

Every dining room needs a conversation starter. Sometimes it's your favorite relative, other times it's a beautiful piece of artwork, furniture or accessories sitting on the shelf. If you want to make the latter a true statement, find something that brings the room together and intrigues guests from the moment they enter the room until the second they leave.

Sometimes, your dining room needs more than a new table or centerpiece to

get the conversation flowing. It may be time to give the entire room a floor-to-ceiling makeover if you want to turn it into a space that's visited on a more frequent basis. Think new paint color, window treatments, chair cushions, area rugs and other accessories that will make the space feel more complete.

Your dining room space shouldn't go to waste. Instead of treating it like an extra coat closet or storage space for holiday decorations, take advantage of the opportunity to gather with the ones

you love. Committing to the project is just the first step. Once you're ready to execute your ideas, evaluate your dining space and your style preferences to establish an overall theme. Next, select décor and furniture based on the available floor space and your dining room will be stylish and welcoming. Maybe, it may even be the only room you want to retreat to in your home.

Marcia Feeney is an interior designer on Sanibel/Captiva Islands. She can be reached at marcia@coindecaden.com.✽

Trust Official Earns Designation

The Sanibel Captiva Trust Company Executive Vice President and Wealth Services Advisor Robin L. Cook, CWS, has received a certified trust and financial advisor (CTFA) designation.



Robin L. Cook

The CTFA is a professional designation offered through the American Bankers Association (ABA), which provides training and knowledge in taxes, investments, financial planning, trusts and estates.

The CTFA credential is appropriate for professionals who have a career in banking, brokering, financial planning, taxation or trust administration. "Although I've enjoyed more than 30 years in the wealth services industry, I've always felt

it is vital to keep learning and elevate my knowledge base for the benefit of our clients," said Cook.

"We're proud of Robin for securing this latest designation," said Al Hanser, founder and chairman of The Sanibel Captiva Trust Company. "The CTFA designation reinforces that we act in the client's best interest first and foremost."

Cook joined The Sanibel Captiva Trust Company's wealth services team in 2013 to cultivate new business relationships and assist clients in refining their investment and estate planning strategies to meet the lifestyle needs for them and their families. Among her many accomplishments, Cook has earned a certified wealth strategist designation, is a graduate of the Florida School of Banking at University of Florida and graduated Leadership Cape Coral. Earlier in her career, she held the Series 7, Series 63 and Florida life insurance licenses. She has served on the board of directors for the Captiva Island Historical Society, the Cape Coral Community Foundation and Gulf Coast Village. Cook is currently a member of the Sanibel Captiva Rotary Club and the Sanibel Captiva Business Women's Association.✽

6th Annual

Turkey Drop & Roll

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For Questions: 724-953-6913 (Gregg or Kim)

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Nonperishable Dinner Food Items, If You Wish.
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Thank You!



Auto Shop Raising Funds For Cancer Research

Legendary Automotive of Fort Myers, owned by Sanibel resident Jason Stretch, is joining hundreds of independent auto repair shops across the U.S. and Canada this month to raise funds for breast cancer vaccine research as part of the Brakes for Breast fundraiser.

As part of the fundraiser, participating auto repair facilities will give away free (quality) brake pads or shoes. The customer simply pays the labor and any other ancillary parts necessary to complete the brake job, and the shops then donate 10 percent of the brake job directly to Dr. Vincent Tuohy & the Cleveland Clinic Breast Cancer Vaccine Research Fund.

Brakes for Breasts fundraising efforts started in 2011 with five automotive repair shops in the Cleveland, Ohio area that raised \$10,000 and has now evolved to incorporate hundreds of shops in the United States and Canada. Since then, these shops have collectively raised over \$1 million, making Brakes for Breasts the largest third-party fundraising entity at the Cleveland Clinic. More importantly,

Brakes for Breasts has become an integral partner of the effort to develop the first vaccine designed to prevent triple negative breast cancer, the most aggressive and lethal form of this disease.

Donations have surpassed \$1 million. Legendary Automotive is located at 1921 Courtney Drive. For more information, call 277-1004.

For more information about the fundraiser, visit www.brakesforbreasts.com or www.facebook.com/brakesforbreasts.✽

Continental Women To Meet

The Continental Women's Club will hold a luncheon meeting at The Hideaway Country Club on Thursday, November 4 at 11:30 a.m. Guest speaker Jennifer Benton, CEO of Abuse Counseling and Treatment, Inc. (ACT), will talk about ACT's mission to protect, support, educate and empower victims of domestic violence and their children, survivors of sexual assault and human trafficking in Lee, Hendry and Glades counties. Cost is \$24.

The Hideaway Country Club is located at 5670 Trailwinds Drive in Fort Myers. Call Liz Paul at 691-7561 for more information or to make a reservation.✽

New Seasonal Intern At Refuge

Hayley Caylor from Seminole, Florida is helping out with staff shortages at JN “Ding” Darling National Wildlife Refuge this season. Caylor is the Harkey Development & Communications Intern with the “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS).



Hayley Caylor

Originally from Fredericksburg, Virginia, Caylor graduated from Eckerd College in St. Petersburg this May with a degree in environmental studies and a minor in sustainability. In Seminole, she worked as a shorebird steward intern, monitoring black skimmers on Pinellas County beaches.

Sanibel residents Laurie and Bill Harkey support the position with DDWS’

first permanently endowed internship fund, which will guarantee ongoing funding for one intern annually.

“I’m so grateful to the Harkeys for making my term at ‘Ding’ Darling possible,” said Caylor. “I think my favorite part of the refuge is just how many species there are. You never know what you’re going to see. It is incredibly exciting to be in a place that puts wild Florida first and that is actively working to protect these priceless natural spaces that have disappeared in other parts of the state. I’ve only been on the island for a few days so far, but I can already tell that both Sanibel and the refuge are very special places. I can’t wait to explore some more.”

Caylor looks forward to blending her background in environmental science with her love for communication to design social media and event materials. “It means a lot to be able to contribute to an organization that has such a powerful role in protecting the species and habitats here on Sanibel and educating all about their importance,” she said.

For more information about the program or to make a donation, contact Lynnae Messina at 472-1100 ext. 233.*

Rental Company Sponsors Race

Dream Vacations is a first-time sponsor of the annual 10K Race 4 FISH, a fundraiser for FISH of SanCap. Dream Vacation Rentals is co-owned by Ryan and Nicole Block.

“Any time we donate, the local impact is measured. There isn’t anything more impactful, locally, than FISH. We’re very honored to have the ability to provide some resources to further their mission,” said Ryan Block.

“We are thrilled that Dream Vacations has joined our FISH family through sponsorship of the 10K,” said Diane Cortese, chair of the 10K race committee.

This year’s 10K offers a virtual opportunity for runners to participate while supporting the islands’ social service organization. Registration is open through the Fort Myers Track Club at www.ftmyertrackclub.com and runners will log their results online through a race link. Times will be accepted at any point from registration through October 31.

For more information on the race or sponsorships, contact Nicole McHale at noel2me@icloud.com or Diane Cortese at dianerc10@gmail.com.*

Local Athletes Sponsor 10K Race

Sanibel Spoonbills Run/Bike Crew is a platinum sponsor of the 13th annual 10K Race 4 FISH, a fundraiser supporting programming and services offered by FISH of SanCap.

The crew’s swim, bike and run experience varies from accomplished athletes to those relatively new to the sports. Ages range from 20s to 70s, with geography represented from Canada to

Argentina.

Crew member Roger Timm said, “The Spoonbills support FISH because it very well addresses the social service needs of the local islands’ community, providing a safety net to all. Community needs are especially pronounced during this pandemic when much more support for FISH is required.” Crew member Nicole McHale said, “I’m proud to be a member of a group that believes in giving back to FISH of SanCap while staying fit.”

The Sanibel Spoonbills Run/Bike Crew started with several triathletes from swim training at the Sanibel Recreation Center in 2014. The group has participated in 5K races including the 10K Race 4 FISH, marathons and triathlons, as well as events outside the region. Recently, several members of the crew supported fallen responders in a run remembering 9/11, led by Sanibel Fire Chief Tim Barrett.

Registration for the virtual race is open through the Fort Myers Track Club at www.ftmyertrackclub.com.*

Top 10 Books On The Island

1. *The Lincoln Highway* by Amor Towles
 2. *Cloud Cuckoo Land* by Anthony Doerr
 3. *State of Terror* by Louise Penny and Hillary Clinton
 4. *The Jailhouse Lawyer* by James Patterson
 5. *For Whom the Shell Tolls* by Jennifer Schiff
 6. *The Storyteller* by Dave Grohl
 7. *The Thursday Murder Club* by Richard Osman
 8. *Verity* by Colleen Hoover
 9. *The Vanished Days* by Susanna Kearsley
 10. *The Master* by Colm Toibin
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The Sanibel Captiva Trust Company

Current Outlook And Portfolio Strategy



by Ian Breusch,
CFA, Chief
Investment Officer

The third quarter of 2021 was another profitable quarter for U.S. equity markets overall. Interestingly, markets largely ignored a

nationwide resurgence in COVID-19 cases, which was felt rather acutely here in Florida as hospital systems were once again put under tremendous strains. However, the overall sense of disregard does make some sense. With a large swath of the population now vaccinated, consumers (and by extension investors) seemed willing to resume life as normal and avoid the sorts of lockdowns we experienced last year. The lockdowns were deemed medically necessary, but they nevertheless zapped economic growth and consumer confidence. While the Delta variant of COVID-19 undoubtedly tested our collective resolve, it is heartening to see infections beginning to subside in areas hardest hit just a few months ago and providing some hope for other geographies that have yet to be affected.

We experienced another solid cycle of corporate earnings results during the second quarter. Moreover, forward sales and earnings estimates remain quite strong overall. Those concerned about the U.S. economy are focusing mostly on supply-chain issues, believed to be somewhat temporary, meaning there is less concern about weakening consumer demand – the ultimate driver of economic growth. Coupled with excessively

accommodative monetary and fiscal policies, it is understandable why investors have been willing to purchase stocks at higher and higher valuations. While we continue to believe that economic activity will remain robust through the end of this year and into next, we also understand capital markets look forward, and some amount of future optimism is being priced into stocks today, particularly here in the U.S. For that reason, we are being mindful in our valuation work to safeguard against systematically overpaying for the investments we purchase on behalf of our clients.

The fixed income (bond) markets seem to be exhibiting a more cautious tenor. Interest rates remain rather low despite annualized inflation – as measured by the Consumer Price Index (CPI) – tracking upwards of four percent, even after removing the effects of food and energy. The fact that interest rates are not rising commensurate with inflation indicates there is some concern among investors that economic growth will not remain as robust going forward. While we still expect no change in the Federal Funds rate before late 2022 or early 2023, we do anticipate that the Federal Reserve Board will reduce its bond purchase program later this year, which would be the first attempt to tighten the money supply since the beginning of the pandemic. However, if economic growth begins to wane in the months ahead, the Fed may decide to delay any change in current policy. Regardless, we will be watching closely to see how the Fed navigates these interesting conditions given its implications for asset prices and market volatility.

It also seems likely that a new fiscal spending package along with some changes to existing tax law are forthcoming. Any incremental government spending will impact economic growth positively in the short term, while tax law changes affect corporations and individuals much differently depending on a variety of factors. That said, our focus will remain

on sourcing and managing high-quality investments for our clients, while also considering the associated risks. As always, we do this best by understanding clients' individual goals and constraints and building a portfolio that best suits those unique circumstances.

This information is not intended to

*be and should not be treated as legal advice, investment advice or tax advice. Readers, including professionals, should under no circumstances rely upon this information as a substitute for their own research or for obtaining specific legal or tax advice from their own counsel.**

ISLAND SUN BUSINESS NEWSMAKERS

VIP Realty Group



Tina DiCharia



Glen Simmons



Bob Berning



Ted Benjamin

The top producers for September at VIP Realty Group were: Bob Berning, top sales; the team of Tina DiCharia and Glen Simmons, top listings; and Ted Benjamin, top producer.*

John Naumann & Associates



Amy Zajic



George Kohlbrenner

The top listing agent for September at John Naumann & Associates was Amy Zajic. The top sales agent was George Kohlbrenner.*



McMurray & Members

Royal Shell Real Estate

The top listing producers team for September at Royal Shell Real Estate was McMurray & Members; top listing producers individual/partners was Tracy Walters; top sales producers team was McMurray & Members; and top sales producer individual/partners was Tracy Walters.*



Tracy Walters

John R. Wood Properties



LeAne Suarez



Brooks Selby

The top producers for August at John R. Wood Properties were: LeAne Suarez, top closed sales; Brooks Selby, top pending sales; and Kris Cardinale, top listing agent.*



Kris Cardinale



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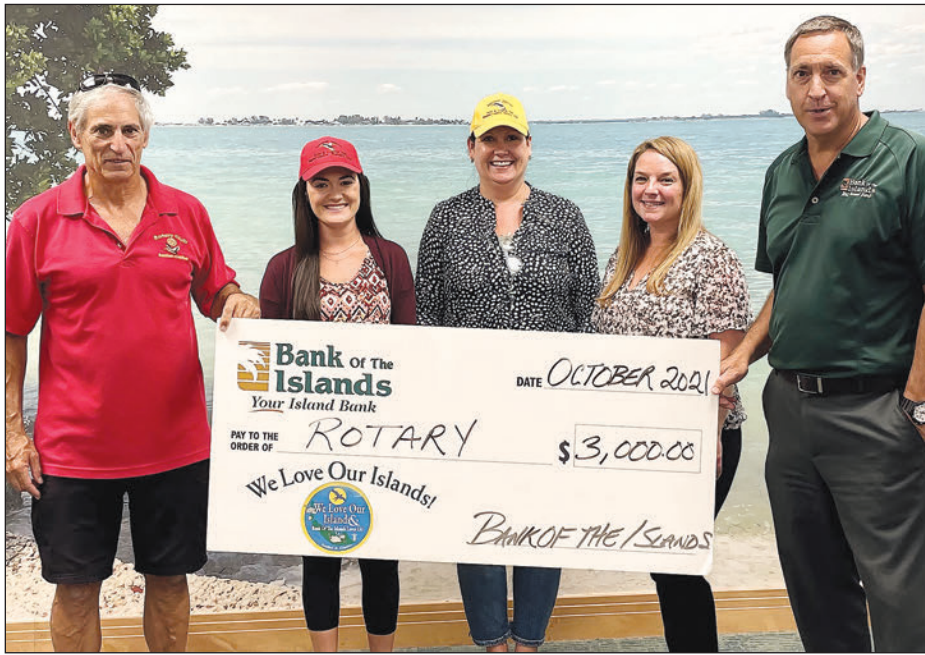
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Bank Signs On For Dual Sponsorship



From left, Rotarians Mike Raab, Maureen McGuaran, Rebecca Binkowski, Annie Campbell and David Lowden photo provided

Bank of the Islands has become the first of two dual silver sponsors for two upcoming Rotary fundraisers.

"Bank of the Islands is happy to be a dual silver sponsor of the Rotary's 2021 Golf Charity Cup and 2022 arts and crafts festival," said David Lowden of Bank of the Islands. "As with other Rotary events we have sponsored in the past, we are proud to support the

good work done by Rotary here on our islands and across the world."

This year's Golf Charity Cup Scramble will be held at Sanibel Island Golf Club on Saturday, November 13 and the arts and crafts festival will be held at The Community House on Saturday and Sunday, February 19 and 20.

For online registration for golfers and

sponsors, visit www.sanibelrotary.org and click on Golf Charity Cup or Arts & Crafts Festival tabs.

The Golf Charity Cup will feature: prizes for the lowest scoring team; skill prizes for closest to the pin, longest drive and most accurate drive; a hole in one tournament with a Yamaha golf cart prize; and a helicopter ball drop at approximately 1:30 p.m.

Win cash by being one of the three balls closest to the pin at the helicopter ball drop. Purchase golf balls for the chance to win cash online at www.sanibelrotary.org (Golf Charity Cup tab) or by calling 898-8900.

For sponsorship information or to make a personal contribution, contact Mike Raab at 898-8900.✱

Upcoming Election Topic For Progressive Club

The Progressive Club of the Islands will hold its next meeting via Zoom on Thursday, October 28 at 4 p.m. The speaker will be Bob Schaeffer. His subject will be Election 2022, What's At Stake, What Can You Do?

Schaeffer is an island resident and head of Public Policy Communications. He works with nonprofit organizations, political campaigns, foundations and socially responsible businesses seeking to deliver their messages to mass

audiences more effectively.

For more than three decades, Schaeffer has provided consulting services for national and regional groups, primarily in the fields of environmental protection, national security, civic engagement, electioneering, education reform and civil rights.

Schaeffer has been a senior strategist and manager in many election campaigns. Currently, he is president of FairDistricts Florida, the statewide redistricting coalition, and treasurer of the Progress Florida Research Institute.

Schaeffer has led more than 300 workshops on strategic planning, media relations, public speaking, political campaign design and advocacy skills for groups in 45 states, Canada and Russia. He was adjunct faculty at the Antioch/New England Graduate School teaching strategic communications skills to nonprofit leaders for many years, and has been a guest lecturer at more than 30 colleges. An undergraduate and postgraduate of MIT, his biography appears in *Who's Who In America*.

To attend the meeting, email pcisancap@gmail.com to receive the Zoom link, or watch live at www.facebook.com/pcisancap. Annual dues for the Progressive Club are \$35 for an individual or \$70 per couple. To renew a membership or join, mail a check payable to PCI, P.O. Box 898, Sanibel FL 33957.

For more information, call 994-3175 or email pcisancap@gmail.com.✱

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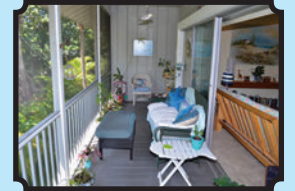
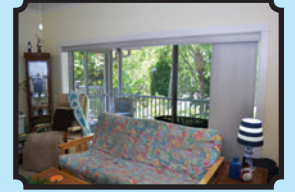


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From left: Deb Kunkel, associate pastor; Diana Day, mission and benevolence chair and Nicole McHale, race committee chair photo provided

Sanibel Church Supports Race

Sanibel Congregational United Church of Christ is a recent sponsor of the 10K Race 4 FISH, a benefit supporting programming and services of FISH of SanCap. Associate Pastor Deb Kunkel said,

“As the needs of residents and workers change, FISH continues to adapt to serve their clients in holistic and life affirming ways. Our congregation is honored to continue our support of their efforts as they care for and about some of the most vulnerable in our communities. Members of our congregation serve as volunteers, and our monthly Drive-Up, Drop-Off food drive the first Thursday of the month supports their food pantry. We look

forward to future opportunities to partner with FISH for the benefit of the wider community.” This year’s 10K run will be held virtually. Registration is open through Fort Myers Track Club at www.ftmyertrackclub.com and runners will log their results online through a race link. Times will be accepted at any point

from registration through October 31. Participating runners will receive dri-fit shirts with the race logo on the front, as well as medals, which will be mailed based upon sign up date. For more information on the race or sponsorships, contact Nicole McHale at noel2me@icloud.com or Diane Cortese at dianerc10@gmail.com.✧

Locals Support Rotary Charity Golf Scramble

Sanibel residents Bill and Stephanie Rahe were the first to sign up as a food cart sponsor for the Sanibel-Captiva Rotary Club Golf Charity Cup Scramble, scheduled for Saturday, November 13 at Sanibel Island Golf vClub. “We are happy to be able to support the good works of San-Cap Rotary both here on Sanibel and internationally,” said Bill Rahe. “We know the donated funds helped FISH (of SanCap) provide assistance during the pandemic and help provide polio vaccinations in India, wheelchairs in Guatemala and clean water in Haiti.” For more information, online registration and sponsorships, visit www.sanibelrotary.org. Highlights of the fundraising tournament include prizes for the lowest scoring team, skill prizes for closest to



From left, Stephanie, Jax and Bill Rahe photo provided

the pin, longest drive and most accurate drive, a hole in one tournament with a Yamaha golf cart prize, and a helicopter ball drop at 1:30 p.m. Cash prizes will be awarded for the three balls closest to the pin on the helicopter ball drop. Purchase golf balls for a chance to win at www.sanibelrotary.org or by calling 898-8900. For sponsorship information or to make a personal contribution, go online or contact Mike Raab at 898-8900.✧

Wisdom.

Board Members Emeritus, Ginny Fleming and Steve Brown have been serving with The Trust Company team since the firm’s beginning. We’re grateful for their continued counsel as members of our Advisory Board.

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Fun And Fashion At Pink Flamingo High Tea

In support of Breast Cancer Awareness Month, cancer survivors and supporters gathered at Sundial Beach Resort & Spa for the inaugural Pink Flamingo High Tea fundraiser on October 5.

Mary Bondurant, founder of Let's Pink Out Sanibel and Captiva, said, "The Pink Flamingo High Tea launched cancer awareness month on the islands this year and next week's Pink Out Picnic at the fire station will wrap it up. This years' events, including the Dink for Pink pickleball tournament and the Pink-A-Ball dinner dance, have gotten a record number of community supporters involved."

"The high tea is our collaboration with Let's Pink Out," said Taylor Osborne Clarey, co-owner of Iris Print & Designs and president of the Sanibel Captiva Business Women's Association. "Proceeds will be split between our local scholarship fund and supporting local cancer needs. I am touched by the generosity of the sponsors and attendees. And we had a wonderful time."

The community is invited to the Pink Out Picnic at the Sanibel fire station on Palm Ridge Road on Thursday, October 28 starting at 11:30 a.m. Lunch is free for all cancer survivors. Lunch for friends and family is by donation. To reserve, email pinkoutsanibel@gmail.com.*



Emcee Lisa Spooner, NBC2 News Today morning anchor photos provided



From left, Mary Bondurant, Maureen McGauran and Colleen Zurcher-McGauran



Barbara Beran and Jan Arbuckle



From left, Taylor Osborne Clarey, Kira Dworkin, Kelly Huguenin and Julie DeBord



Deb Norris and Debra Chase-Schult



Marty Short



Fred and Marj Nordstrom



Glenda Campbell and Ali Kendall



From left, Gloria Garrett, Rose Byrne and Nancy Barnes



From left, Nick Kahn, Laurie Verme and Alice Verme



From left, Ellen Lai, Melanie Holliday and Tiffany Reyes

BURNS family TEAM



1. GULF-FRONT HOME ON SEASPRAY - SANIBEL

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- Top floor master suite with walk-in closet. Gulf front pool & spa, multiple lanai's, impact windows, and more
- **\$4,550,000 EURO 3,876,860**

2. SHORT WALK TO THE BEACH - SANIBEL

- 3 BR/4 BA + den residence constructed by Gulf TO Bay Homes on prime lot in the Beachview community
- Open kitchen, high ceilings, private pool with spillover spa and 2 story screen enclosure, all just a short walk to the deeded beach access
- **\$1,749,000 EURO 1,434,917**

3. REMODELED DIRECT ACCESS HOME IN SHELL HARBOR - SANIBEL

- 4 BR/ 2.1 BA ground level home with tray ceilings, large kitchen & living areas perfect for entertaining
- Private pool, 2 outdoor showers, wrap around private dock & 10,000lb lift with direct access
- **\$2,358,000 EURO 2,09,459**

4. LAKE & GOLF COURSE VIEWS IN BEACHVIEW - SANIBEL

- 5 BR, 3.1 BA home completely renovated with gourmet kitchen, soaring 2 story ceilings and incredible views
- Private office, library, formal dining room, private pool, 2 car garage, and more
- **\$2,695,000 EURO 2,204,949**

5. DIRECT ACCESS BASIN HOME ON LIMPET DRIVE - SANIBEL

- 3 BR/ 3 BA home on one of Shell Harbor's most sought-after streets with wide boating basin & deep water direct access
- Private dock with composite decking & captain's walk, travertine pool deck with spillover spa, & new roof.
- **\$2,395,000 EURO 2,040,677**

6. LONG CANAL VIEWS ON PERIWINKLE - SANIBEL

- 3 BR/ 3 BA home with 120 feet of canal frontage, private 60 foot dock and 10,000 pound lift
- Elevated pool and spa, vaulted ceilings, private elevator, fireplace, and 2 car garage
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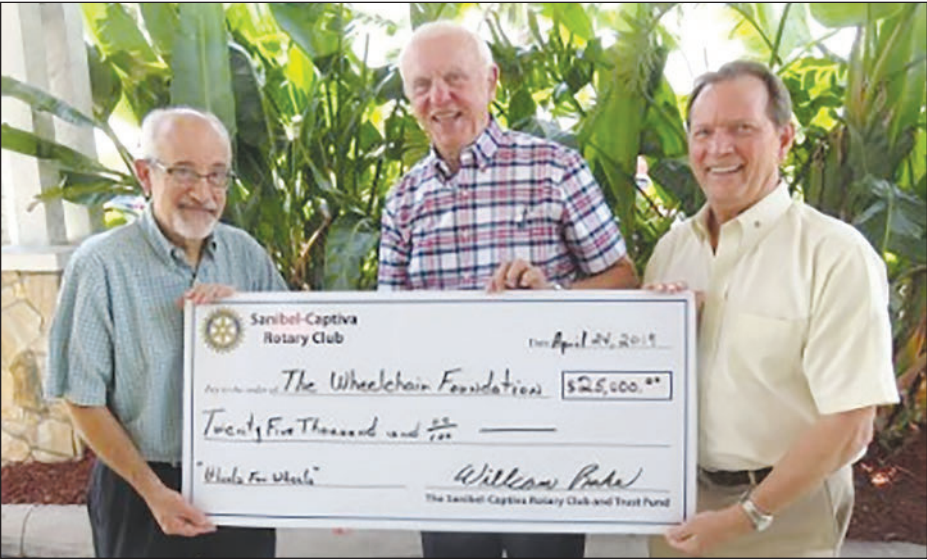
Church Selected For Donation



From left, David Lowden of Bank of the Islands, Carol Sawyer, Holly Patton-Roark of Sanibel Community Church and Susan Schulte of Bank of the Islands photo provided

Bank of the Islands made a nonprofit donation recently through its We Love Our Islands program. Carol Sawyer was spotted with a “We Love Our Islands” decal on her vehicle, winning her the right to select which local nonprofit organization would receive a charitable contribution from the bank. Sawyer chose to donate her winnings of \$700 to Sanibel Community Church. This donation marks \$93,300 given away to date through bank’s program. “We’re so glad Carol chose to give our donation to the Sanibel Community

Church. We have supported a variety of their programs over the years and have seen the role the church plays in our island community,” said Sanibel-Captiva Assistant Office Manager Susan Schulte. Island residents are invited to visit the bank’s Sanibel or Captiva office to learn more about the program and how you and your favorite charity can become the next winners. Bank of the Islands is located at 1699 Periwinkle Way on Sanibel and 14812 Captiva Drive on Captiva.✱



From left, Rotarians Rev. John Danner and Bill Rahe with Wheelchair Foundation Chair Steve Agius with one of many donations photo provided

Rotary Happenings

submitted by Cindy Carter

If you look through the local island newspapers, you may see several big checks being donated to one of the many nonprofits with a wide range of wonderful causes. The Sanibel-Captiva Rotary is one of the many donors supporting causes in our Sanibel community, the greater Fort Myers community, throughout the United States and internationally as well. The significant financial activity throughout the 2020-21 year, especially a COVID year, was quite impressive. Rotary, thankfully, was able to hold its arts and crafts festival in February 2020 just prior to the COVID-19 restrictions that closed down so many other groups’ fundraisers. The pandemic had club members reevaluating the possibility of holding group fundraisers, and led to the creation of a new golf tournament fundraiser, the Rotary Golf Charity Cup. We were able to maintain safe social distancing yet still raise impressive funds for our many causes. The Howard S. Danner, Jr. Wheels for Wheels Cycling Challenge, a fundraiser dedicated to the purchase of wheelchairs for those who need but can not purchase them, also continued on, as cycling can be completed with safe distancing. The Sanibel-Captiva Rotary Club donated money to FISH of SanCap, The Community House, BIG ARTS, Baileys-Matthews National Shell Museum and supported four college students. Within our off-island community, the club supported Harry Chapin Food Bank and district mobile disaster equipment. Within the United States, the club donated funds to the Rotary endowment, Shelterbox, and the District CART Program. Internationally, the Rotary Club supported the Grass Project in Haiti, The Ripple Effect in Guatemala, Oxygen Generators in Peru and the Rotary Foundation – Polio Plus program. An



amazing total of \$103,307 was donated to these projects/organizations during a very lean COVID year. Imagine the good that can be shared during a “normal” year of fundraising. The Sanibel-Captiva Rotary Club is holding meetings on Zoom and in person at The Community House, 2173 Periwinkle Way. Doors open at 7 a.m. and the meeting begins at 7:30 a.m. Email william.harkey@gmail.com by the Tuesday before the meeting if you would like to attend in person. All are welcome. For more information, visit www.sanibelrotary.org.✱

Meet The Intern

Florida Gulf Coast University (FGCU) environmental science graduate student Emily Backman has been interning at the Sanibel-Captiva Conservation Foundation (SCCF) Native Landscapes & Garden Center since July.



Emily Backman

Bachman’s graduate thesis is focused on the application of native species in landscaping, specifically using native grass species around waterways. She also is interested in the development of sustainable permaculture, which is showcased at the FGCU Food Forest. “I am excited to apply what I’ve learned about the ecology of Southwest Florida at FGCU to sustainable gardening and landscaping,” she said. “I am so glad to be a part of the SCCF team, and I hope over the next few months to develop the skills to continue a career in native gardening and landscaping.” Backman, who lives in Estero, is interning through January. She likes exploring the island by bike and paddleboard. Through her experience, she said, “I especially appreciate the chance to develop practical experience both in horticulture and good business practices.”✱

Seeking A Pair Of Caring Hands

Unique opportunity to work as a Caregiver for an active Senior who enjoys life enrichment activities and stimulating convos. I am looking for a caring & compassionate person to Care for my Mother. The right person will be outgoing, energetic, flexible, driver and adaptable. Work Schedule is 5 days a week and 5 hours per day. Salary is \$25/hr. Forward your email to Mark (chillingtong@gmail.com) for more details.

Children's Charity Group Sponsors Tournament

Grampy's Charities is presenting sponsor of the 29th annual Sanibel-Captiva Conservation Foundation (SCCF) Tennis Tournament, slated for Saturday and Sunday, November 13 and 14 at Beachview Tennis Club on Sanibel.

"We are delighted and grateful that Grampy's Charities and the Castles (Jim and Jonatha) have chosen to support the tournament so generously again this year," said Lisa Newmeyer-Cochrane, tournament chair. "I am also thankful for the partnership of Toni Halski at Beachview Tennis Club. His addition of mixed doubles into the tournament this year will be a real hit with the players."

Grampy's Charities' mission is to raise funds and support for children's organizations, partnering with comfort and research-based charities, to make a difference in the lives of children in need. The organization seeks out small charities to fund, where the money can be more transformative. An all-volunteer organization, Grampy's Charities has partnered with Robbie's Riders, Save the Kids and Sanibel Captiva Community Bank to provide 50 adaptive tricycles for children with autism and cerebral palsy. It has also pledged to raise \$500,000 in support of the Ronald McDonald House Care Mobile units serving children who



From left, Jim and Jonatha Castle of Grampy's Charities, Beachview Tennis Club owner and tennis pro Toni Halski, tournament chair Lisa Newmeyer-Cochrane and tournament founder Luc Century

have limited access to dental and medical services in Southwest Florida.

Categories for the tournament are 3.0, 3.5 and 4.0 men's, women's and mixed doubles. Winners and runners-up will receive a wine glass etched by local artist Luc Century. All players will receive a tournament T-shirts plus breakfast and lunch on both days.

The entry fee is \$75 per day or \$125 for both days of play. Registration deadline is Wednesday, November 10. For more information and to register your doubles team, call Toni Halski at

472-9099.

For sponsorship opportunities, call Cheryl Giattini at 822-6121 or Lisa Cochrane at 246-8875. Sponsorship levels are: Major, \$5,000; Grand Slam, \$2,500; Championship, \$1,000; Match, \$500; Set, \$250; and Game, \$150.

Proceeds benefit the mission-driven work of SCCF, which is dedicated to protecting and caring for Southwest Florida's coastal ecosystems. To learn more, visit www.sccf.org.

Beachview Tennis Club is located at 1101 Par View Drive.✪

New Marine Science Educator

Sanibel Sea School has added Kimberly Bouwkamp to its team of ocean advocates.

Bouwkamp originally joined the ranks of the education team as a seasonal educator, primarily assisting with educational day courses. After Sanibel Sea School's busy spring and summer seasons came to an end, Bouwkamp was offered a full-time position to continue delivering marine science education for children and families.

Originally from Michigan, Bouwkamp graduated from Michigan State University with a bachelor's degree in fisheries and wildlife and a concentration in wildlife biology. She volunteered as an environmental educator on Florida's east coast and worked as an interpretative park ranger at Great Smoky Mountains National Park in Tennessee.

Bouwkamp is looking forward to teaching a wider variety of Sanibel Sea School offerings. She will be a part of the outreach programs with The Heights Foundation/Heights Center and Child Care of Southwest Florida.✪



Kimberly Bouwkamp



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Beautiful 1BR/1BA unit with walk out to pool and beach. Updated with open floor plan. Excellent rental income potential. Located on the quiet East End of Sanibel, Sandalfoot is a wonderful complex with an on-site rental/management office. On-site amenities include heated pool, tennis, shuffleboard, grills, bike rentals, and WiFi.

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Will Power

Proposed Tax Legislation Creates More Issues Than It Solves



by Craig R. Hersch, Florida Bar Board Certified
Wills, Trusts & Estates Attorney; CPA

In my last column, I reviewed how the proposed tax legislation treats Intentionally Defective Grantor Trusts (IDGTs) as being owned by the grantor at his or her death rather than outside of the estate for estate tax purposes. (You can read that column at bit.ly/30w7Ev2.) Today I'm going to wonk-out and describe why the proposed legislation creates more issues than it solves.

To fully understand why I say this, we must first review why the grantor trust rules were enacted. In the 1950s, the top income tax rate was 91 percent. High-bracket taxpayers saw an opportunity to shift income by dividing their investment assets

among dozens (and, in some cases, hundreds or even thousands) of trusts that could claim to be separate taxpayers, each with their own set of lower marginal rates.

To combat this practice, the Internal Revenue Code of 1954 included a set of rules under which a trust would be ignored for income tax purposes where the grantor retained certain powers over the trust assets (see Sections 671-678), resulting in the trusts being conglomerated on the grantor's individual tax return. **That's for federal income tax purposes.**

At the same time, certain retained powers will not result in trust assets being included in the grantor's estate for **federal estate tax purposes**. This asymmetry is the source of the current problem. By treating grantor trust income differently for income rather than for estate tax purposes, clever estate planning attorneys found several ways to take advantage.

A parent, for example, can create a trust that pays income to children and grandchildren, yet the parent is taxed on that income, creating the means to transfer additional wealth, as the payment of tax for the children is not treated as a gift. Further, a trust that is ignored for income tax purposes is free to loan and/or purchase assets with its grantor, or both, without the economic impact of those transactions being subject to income or capital gains tax. Therefore, a parent can "sell" an asset to an IDGT that benefits his children, taking back a promissory note, and that parent won't recognize any capital gains or interest income, yet he transfers the asset and the future appreciation out of his estate for estate tax purposes.

Consequently, creating irrevocable trusts that are respected for gift and estate tax

purposes but ignored for income tax purposes became a staple of estate planning and wealth transfer. Combine these with valuation discounts and IRS qualified below-market interest rates, IDGTs have been used to help facilitate the transfer of substantial amounts of wealth to younger generations without gift or estate tax. I frequently use these strategies for my clients in my practice.

These are the strategies that Congress is trying to eliminate.

Does the proposed legislation achieve their goals? Yes, but they also raise unresolved issues. The proposed law would make all grantor trusts included in the grantor's estate for federal estate tax purposes. This would include, for example, a life insurance trust that uses any income, past or present, to pay policy premiums.

There are other ambiguities as well. The current grantor trust rules, for example, provide that an IDGT is a disregarded entity and treated as if it were the grantor. The legislation would contradict this treatment by saying that a grantor trust will not be disregarded in the context of a transfer of property between a grantor trust and its grantor. Presumably, the purpose is to cause a taxable recognition of gain on any sale or exchange between a grantor and a grantor trust. But what if the grantor trust is the one with the gain? Doesn't the trust now pay its own tax on that gain? Or is the carve out just for the recognition of gain and not for the payment of tax? What is the effect when the grantor pays the tax?

These are as much income tax questions as gift/estate tax questions.

What about a swap power? The code now provides that a trust is a grantor trust if the grantor has the power to reacquire the trust assets by substituting other property of an equivalent value. I use this frequently to swap appreciated property (that has large, unrealized capital gains) for cash so that on the grantor's death, there is a step-up in tax cost basis on the appreciated property. The proposed law, if enacted, would eliminate this strategy.

Grantor Retained Annuity Trusts (GRATs) and Qualified Personal Residence Trusts (QPRTs) might also be at risk despite having specific code sections authorizing their use. Unlike the grantor trust statutes that appear in the income tax section of the code, GRATs and QPRTs are found in the transfer tax (gift, estate, generation skipping transfer) section of the code. Would they be eliminated or not?

Which brings us to the \$64,000 question. What exactly is Congress trying to do? Is the goal to stop taxpayers from taking advantage of the asymmetry between the income and transfer tax rules, or is the goal to sweep away the use of many types of trusts commonly used as estate planning tools?

As happens most often, in writing sweeping changes to the tax laws, Congress creates as many conundrums as it solves.

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How's The Market? Ask Ann Interesting...



Ann Gee
Broker/Owner

Increasing sales prices... When will they stabilize? A recent business article addresses this subject and it makes sense to me. It concludes that a "stable" market in which both Sellers and Buyers are on an equal footing is a 6-month supply of Inventory. Going back one year, there have been a total of 693 Closings. Here's where it gets interesting. Based on 693 homes and condos selling over the last year, we should have 346 homes or condos for sale to achieve a stable market condition. Today, we have a total of 48 condos and homes for sale. Unless we have some catastrophic economic event, it may take several months to have a "normal" market. If your goal is to buy Real Estate on Sanibel, why wait? I am always interested in your feedback. Thank you for reading my update.

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- 556 Sea Oats Dr. - **\$995,000**
- 5786 Sanibel-Captiva Rd. - **\$1,000,000**
- 4984 Joewood Dr. - **\$1,599,000**
- 5379 Shearwater Dr. - **\$2,100,000**

Have a good week and call me with any comments or questions.

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From page 1

Exhibit

depicted in my show has another thing in common with one another: These places are no longer around. They have been either torn down or replaced by modern structures, mostly due to gentrification and profit."

When asked about his upcoming show at BIG ARTS, Chailosky said, "This is my first solo show in a while, and I'm

so happy to be doing it at BIG ARTS. They gave me the freedom to do 'my' show. No suggestions, no direction, etc. This was about my story I wanted to tell through my art, and BIG ARTS was as excited to hear and see my story as I was to tell it. This means a lot to me."

The exhibit will be on display until December 12.

BIG ARTS is located at 900 Dunlop Road on Sanibel. For more information, visit www.bigarts.org or call the box office at 395-0900.✴



We are excited to welcome back Laura Holland, DPT to our staff and patients. Laura first came to Sanibel at the beginning of December 2019, and this will be her 3rd season with us. After spending the summer in New England, she will be returning to Sanibel at the beginning of November. Call today to schedule an evaluation with Laura at 239-395-1097



Call us today 239.395.1097 • 4301 Sanibel-Captiva Road • Sanibel, FL



Bank of the Islands staff wearing their sneakers and flats during Awesome August Sneaker Fridays photos provided

Bank Executives Lifting Spirits Amid Pandemic

During the dog days of summer, Bank of the Islands CEO Geoff Roepstorff had an idea. He knew the COVID-19 restrictions put in place for the safety of the bank’s customers and employees were taking a toll on the

staff. His team of bankers missed the camaraderie of being with each other and their customers before the days of masks and plexiglass dividers. So, he launched Awesome August, during which office protocols were changed to make things a little more fun. An example included sneakers and comfortable flat footwear for the staff on Fridays. He then challenged his wife and bank president Robbie Roepstorff to take on



Richard Shera won the Christmas Couture Contest during Santa in September

activities for the next month, and Santa in September was born. “There was something new and fun to surprise the staff with every week,” said Roepstorff of the program that took place in all four offices of Edison National Bank/Bank of the Islands. “Gifts of ornaments, poems, Christmas-related emojis, mini-stockings



David Lowden with his Optimistic October lottery ticket

stuffed with sweet treats and cash, even a holiday pizza party. The highlight had to be the Christmas Couture Contest. Richard Shera’s costume – from his red socks to his Santa mask – made him the clear winner on Sanibel.” Now in its third month, the employee morale program is in full swing with the start of Optimistic October. “I came into work to find a lottery ticket on my desk,” said David Lowden, vice president – private client relations. “I haven’t checked to see if I’m a winner yet, but I am indeed feeling very optimistic.”❄



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Frankly Speaking



by Howard Prager
This week, let's explore the comeback of the Chicago Sky, who won their first WNBA championship, and the big change throughout the minor leagues.

The Chicago Sky needed the finishing touch to bring them to the tournament. Here's how *The Athletic* described it: "When all-star Candace Parker was weighing her decisions in free agency last winter, (Sky Coach James) Wade went to Courtney Vandersloot and asked if she thought the Sky should go all-in on the Sparks veteran. The answer was a resounding yes. Vandersloot told him: 'She's somebody that we need to help take us to the next level.' Vandersloot and Allie Quigley, both decade-long Sky veterans, then put the full-court press on Parker. They shipped treats from Portillo's (Parker's favorite Chicago restaurant) and deep-dish pizza to Parker's home in Los Angeles. They talked on the phone about what the Sky's ceiling could be with Parker. 'Great teams need great players,' Vandersloot told Parker. And all three of them believed that. Wade took a less culinary approach. He discussed the Xs and Os of what

Parker's addition would mean to the Sky's system. They talked about game film and game planning, Vandersloot's passing and the ability for Chicago to space the floor with five 3-point shooters on the court at any given time. When the schematics were exhausted, Wade addressed the biggest piece of what it would mean for Parker to play for Chicago: She was coming home. She grew up in the Chicago suburb of Naperville. Parker was already one of the most recognizable women's basketball stars in the world. Would she willingly take on more attention, with added expectations and critics? She said she wanted in.
The Chicago Sky went 16-16 during the regular season. Consistency was not their middle name. The sixth seed in the playoffs, they first had to win two single elimination games. As reported by the *Chicago Tribune*, "It didn't matter what others thought of their chances. The Chicago Sky knew they were going to win the WNBA championship heading into this postseason. The Sky completed their miracle run with an 80-74 victory over the Phoenix Mercury on Sunday in which they came back from an 11-point fourth-quarter deficit, after trailing nearly all game. They set a WNBA record for most wins in one postseason with eight en route to the franchise's first title." They are sky high indeed!
Much closer to home is the changes finally taking place in the minor leagues. For the first time, MLB will provide housing (or housing allowance) for minor

leaguers. This is a huge win, and just the first step towards providing better conditions for these future major leaguers. Last year, MLB decided to condense the minor leagues, and teams developed stronger affinity with their parent teams (like the Mighty Mussels and Twins organization have done).
As reported by *The Athletic*, "The culture around the minor leagues for decades has been one of silence, where players were expected to keep quiet and endure exploitative and frankly dehumanizing conditions," said Harry Marino, executive director of the non-profit Advocates for Minor Leaguers. "We saw a real drastic and important break in that this year. Minor League players now understand that they don't have to stay quiet. And the players who took the lead and spoke out... deserve an enormous amount of credit, because this change - which will have a drastic impact on minor league players for generations to come - wouldn't have happened without that courage." The league said in a statement that it expects the change to go into effect for next year, but some details remain unclear. Not every minor-league player will reap the benefit. In mid-September, MLB and its owners agreed to provide housing for "certain" minor-league players, the league said. An MLB spokesperson declined to explain the parameters around inclusion, citing a process that has yet to be finalized. "MLB is engaged in a multi-year effort to modernize the minor league system and better assist players as they pursue their

dreams of playing in the Major Leagues," the league said in its statement. Marino said housing has always been top of mind for many players he's spoken with.
The good news story is also a baaaaa news story. It's about a sheep and a former rugby player. The Good News Network reported that former Australian rugby player Nick "Honey Badger" Cummins was driving and saw a sheep stuck in a barbed wire fence bucking like a bronco to get out. The humanitarian in him came to life, and he immediately jumped out of his car and started to try and free her horns from the barbed wire. It wasn't easy. This was an animal in great distress and it took great patience from Nick to try and calm the sheep down while working aggressively to free it from it's binding. Adult sheep weigh between 100 to 300 pounds, and this one wasn't little. Finally successful, Nick picked up the sheep and put it over the fence to go bleating happily home. This is one of those times you may need to watch it (www.goodnewsnetwork.org/nick-cummins-shepp-rescue-australia) to take it all in. Nick played rugby for eight seasons in Australia and Japan, and then transitioned into a successful acting career in TV and commercials, including an appearance on *The Bachelor*. Maybe animal rescue is his next career?!

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to press@islandsunnews.com.✴

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Regulations
Proposed For
Goliath Grouper

At its October meeting, the Florida Fish and Wildlife Conservation Commission (FWC) approved a draft proposal for a limited, highly regulated harvest of goliath grouper in Florida state waters. Staff were directed to explore additional changes before bringing the proposal back for final approval at the March 2022 meeting.
If approved in March, this proposal would provide additional stakeholder

access to goliath while continuing to allow access through catch-and-release, ecotourism and dive viewing opportunities.
The proposed draft rules include:
A recreational harvest of up to 200 goliath per year, with a maximum of 50 from Everglades National Park;
Requiring a recreational goliath harvest permit and tag, issued via a random-draw lottery, to legally harvest a goliath (staff will explore setting the cost of the tag, currently proposed to be \$500, based on the cost of managing the program);
Limiting harvest to one fish per person per open season with permit and tag;

continued on page 48

SPORTS QUIZ

1. Who holds the NHL career record for major fighting penalties with 333?
2. At the 2021 European Beach Handball Championships, what violation caused members of Norway's women's beach handball team to be fined by the European Handball Federation?
3. What is the name of the San Francisco 49ers' gold-miner mascot?
4. In 2006, the sports TV channel known as Outdoor Life Network (OLN) became rebranded as what?
5. Actor Mark Harmon (*NCIS*) was the starting quarterback for what college football team from 1973-74?
6. In 1981, what Chicago Cubs infielder dubiously achieved the "anti-Triple Crown" by having the lowest number among qualified batters in average, RBI and home runs?
7. What is the name of the Old Line State college football rivalry series between the University of Maryland Terrapins and the Navy Midshipmen?

ANSWERS

1. Tie Domt. 2. Wearing shorts instead of bikini bottoms. 3. Sourdough Sam. 4. Versus. 5. The UCLA Bruins. 6. Ivan DeJesus (194 BA, 13 RBI, 0 HR). 7. The Crab Bowl Classic.

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Health First

Think Pink: Prevent Breast Cancer



by Julie Rosenberg, MD

October is breast cancer awareness month. There are more than 3.8 million breast cancer survivors in the United States – that’s great news. However, despite greater public awareness, early detection and advances in treatment, breast cancer is the second leading cause of cancer-related death in women (second to lung cancer).

Breast cancer is the most commonly occurring non-skin malignancy among women in the U.S. The American Cancer Society (ACS) estimates that 284,200 Americans will be diagnosed with breast cancer in 2021; (281,550 women and 2,650 men). It’s important to know that men can develop breast cancer; it’s not just a disease of women. Sadly, about 44,000 individuals will die from breast cancer in 2021.

Symptoms of Breast Cancer – Breast cancer may have no symptoms, or you may notice a painless lump in your breast. Other symptoms of breast cancer may include: changes in breast size or shape; swelling in the armpit; nipple changes or

discharge. See your healthcare provider if you notice any of these symptoms. Prevention – Various methods for screening and diagnosis allow healthcare professionals to provide personalized treatments for breast cancer that improve the outcome and survival. Studies suggest a 15 to 40 percent reduction in mortality secondary to screening for breast cancer. The ACS recommends that women ages 45 to 54 with an average risk level should get a yearly mammogram. Starting at age 55, women may get mammograms every two years. When evaluating a routine mammogram, the radiologist will look for masses, areas of asymmetry and microcalcifications. Abnormal findings typically require further evaluation but are not necessarily indicative of breast cancer. In some cases, your physician may also order a breast ultrasound, which can be a very useful screening tool for patients with dense breasts. Breast density results in a decrease in the sensitivity of mammography for cancer detection. In addition, if you have a higher risk of breast cancer, screening with magnetic resonance (MR) imaging may also be recommended. Self-Exams and Clinical Examination – Self-examination of your breasts for women has historically been recommended to support early detection of cancer. However, recent studies suggest these exams play a very small role in diagnosing cancer when compared to the other screening methods previously noted. Most oncologists agree that it’s important to know your breasts and to be aware of any

changes. Report any changes or concerns to your healthcare provider. A clinical breast examination (CBE) is a physical examination of the breasts done by a health professional. It’s often done during your regular medical check-up. However, CBE contributes very little to early breast cancer detection in settings in which mammography screening is available and breast cancer awareness is high. Therefore, routine CBE is not currently recommended by the ACS. Early detection saves lives – Breast cancer screening saves lives. Why? Your odds of beating breast cancer are strongly tied to how early it is detected. If breast cancer is detected early, patients have a survival rate of close to 99 percent. However, this percentage dips dramatically if the cancer has spread. Five-year survival of patients diagnosed with metastatic (Stage IV) breast cancer is about 23 percent. In 2019, prior to the COVID-19 pandemic, 76.4 percent of women ages 50 to 74 had undergone screening mammography within the last two years, according to the National Cancer Institute. During the pandemic, the number of screening mammograms declined significantly to about one percent of expected volume in April 2020. By July 2020, these rates were up to 90 percent of pre-pandemic levels, however, there remains a screening deficit to make up. Several recent reports describe an increase in patients diagnosed with stage IV (metastatic) breast cancer. The increased incidence of advanced disease at diagnosis

is considered related to the lack of screening during the pandemic. In summary, the goal of screening is to detect breast cancers early, when the disease is still curable, and to decrease breast cancer-specific mortality. Breast cancer screening in the U.S. is routinely performed with mammography, ultrasound and/or MR imaging. Screenings for breast cancer decreased significantly during the COVID-19 pandemic. If you are late on routine breast cancer screening exams, contact your healthcare provider today. Julie Rosenberg, MD, is a global healthcare leader, medical consultant and the author of two books, Beyond the Mat and Be True. For more information, visit her website at www.drjulierosenberg.com. For consulting and speaking requests, email inquiries to info@drjulierosenberg.com.

Thanksgiving Food Drive

Frozen turkeys and nonperishable dinner food items are needed for the 6th annual Turkey Drop and Roll to benefit Harry Chapin Food Bank. Drop off will take place on Wednesday, November 10 from 10 a.m. to 2 p.m. at Lighthouse Point Condominiums, located at 200 Periwinkle Way. Monetary donations may also be made by check payable to Harry Chapin Food Bank. For more information or if you have any questions, call Gregg or Kim at 724-953-6913.



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dearRPharmacist

Improper Thyroid Testing Leads To Years Of Misery



by Suzy Cohen, RPh

Dear Readers: Thyroid disease is occurring at epidemic rates, yet many physicians still do not know how to properly evaluate a patient for a thyroid or

adrenal condition. Most of the time, you have to take control of your own health care decisions and lab evaluations in order to get well.

That's what I had to do many years ago, so it surprises me that today there is still resistance to many simple lab tests that could uncover the problem. My book, *Thyroid Healthy*, gives you the simple education you need to empower yourself with information so you can get well.

As an example, for the last 45 years, doctors have been taught to evaluate a patient for a thyroid problem by ordering a thyroid stimulating hormone (TSH) blood test. Unfortunately, this is not the best way to determine if you have a low thyroid. This test, while very cheap, has many limitations which is why getting free and total values for T4 and T3 is useful, along with a panel that assesses thyroid antibodies. Furthermore, the basal body temperature test should be part of your thyroid workup.

Just checking your thyroid levels or your TSH is not enough. The adrenal glands are connected chemically speaking, and if your adrenal glands are over-producing cortisol, you will not feel well, and no amount of thyroid medication will solve it.

Knowing your cortisol levels are important because cortisol can raise thyroid binding globulin (TBG) that then causes you to have reduced free thyroid hormone available to your cells. In other words, stress which raises cortisol will ultimately lead to hypothyroidism. Cortisol changes, according to your circadian rhythm, and should be measured with a four-point urine test such as DUTCH or

another equivalent. Adequate testing for this condition has barely budged in decades and, as a result, you may be suffering needlessly. One more test that I suggest is for iron, specifically the "ferritin" test, which is a good place to start. The reason I recommend drawing a ferritin level at the time of your "complete thyroid panel" is because hypothyroidism often causes people to have a low body temperature. That's why they always say they're cold, even when the ambient room temperature is comfortable. The situation causes fewer red blood cells to be manufactured by bone marrow (which is temperature sensitive). So if your body temperature is low and so are your ferritin levels, it builds the case for hypothyroidism. It's all about putting the puzzle pieces together. The normal reference range varies from lab to lab, but it should be somewhere around 70 to 90 ng/ml. There are ways to raise your iron without having to take supplements which can be very hard on the stomach. If you'd like to read the longer version of this article, sign up for my free newsletter at www.suzycohen.com, and I will email it to you next week.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.**

Support Group For COVID Loss

Hope Healthcare is offering a support group for adults age 18 and older who have lost a loved one as a result of COVID-19. Open to the community at no cost, the support group provides an opportunity to discuss emotions such as anger, guilt, blame or resentment, and learn from the experiences of others.

Participants can discover positive healthy steps that lead toward healing by creating meaningful rituals and receiving validation for the experience of loss. Hosted by Mary Lisa Grimmer, a licensed mental health counselor, the group sessions are held weekly on Tuesdays from noon to 1:30 p.m. via Zoom.

Registration is required. To sign up, contact Grimmer at 489-9184 or email mary.grimmer@hopehcs.org.*

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: Can you help me develop some tools to learn before I bring a new partner into my life?

A: The first tool is to listen to your inner voice when you are debating about bringing a

potential partner into your life. If you do and it still doesn't work out, look for the greater good that the relationship gave you. We are in relationship to learn and grow.

Ask yourself if the person is a expansion of who you are.

Is the person in alignment with his/her actions?

Assess your own unhealed wounds and ask yourself if you are ready for partnership if you have unhealed wounds. You most likely still have healing work to do.

It is not our job to heal anyone else. You also do not have control over anyone.

Whatever your potential partner offers you, you can enjoy the expansion.

Be aligned with your true self. That's all that matters.

There are no mistakes, only lessons

and you either grow from them or repeat them.

Feel empowered just as you are. Allow breakdowns to become breakthroughs.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or visit www.drconstanceclancy.com.*

Virtual Chronic Disease Program

Lee Health Solutions, a department of Lee Health, in partnership with many local community agencies and supported in part initially by a grant from the Southwest Florida Community Foundation, is offering a research-based chronic disease self-management program on Tuesdays beginning October 26 from 9:30 to 11:30 a.m. and Thursdays beginning October 28 from 1 to 3 p.m.

It's All About You, originally developed at Stanford University Patient Education Research Center, is a program designed for people age 18 or older with chronic health conditions to help them learn ways to better manage their chronic conditions and the symptoms that often accompany these conditions.

The free virtual workshop runs two hours once a week for six weeks. For more information or to register, call 424-3121.*

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Doctor and Dietician

Have You Lost Your Curve?



by Ross Hauser, MD
and Marion Hauser, MS, RD

Some of us have lost our girlish figures, but that is not what we are talking about here! We have been treating patients' ligament and tendon injuries to every area of the body for nearly 30 years at Caring Medical – low backs, knees, elbows, TMJs, wrists, ankles, toes, shoulders, hips, pelvis and, of course, necks. However, in recent years, we have seen an astounding increase in neck or cervical spine injuries, causing people to develop a wide array of symptoms that patients may not realize come from injuries to the neck – causing them to lose their healthy neck curves. Why? It is our opinion that the dreaded “facedown lifestyle” is the culprit leading to ligament creep – a condition where ligaments start to stretch

and stretch until they are no longer able to handle the load. A whiplash-type injury from a fall, car accident, sports injury, or even coughing may lead to worsening of the cervical injury, resulting in cervical spine abnormalities with eventual cervical dysstructure and pain.

Let's look at the types of curvatures of the neck that we see. You can see pictures of these at www.caringmedical.com if you want more information. The lordotic curve (or the C curve) is the correct curve of your neck. As injuries continue, cervical vertebrae then sublux, or move, and you see a gradual loss of lordosis to a straightening or military curve, an eventual reverse curve or Kyphotic curve, and eventually a reversal of the curve or an “S” curve signifying spinal instability.

You may ask, well, does it matter if I have lost my natural lordotic curve? Some patients that we see may be walking around with loss of their cervical curves and remain completely asymptomatic. That is until something happens! Discs begin to narrow between the C3-C4, C4-C5 and C5-C6 segments, as well as at the upper cervical levels. Strange sensations begin to develop such as headaches, neck pain, dizziness, tingling down the arms, brain fog, ear fullness, blurry vision, feeling of spinning and ringing in the ears. As this condition worsens, some patients experience even more terrible symptoms such as heart arrhythmias, fluctuations in blood pressure, GI disturbances and brain problems.

When the force per unit area becomes greater than the strength of the tissue, the

results are tissue injury and pain. Since joint instability is the cause of almost all chronic pain, curing chronic pain involves tightening the loose joints by stimulating the appropriate ligaments to tighten, and thus resolving the destructive joint forces. As tissue further weakens, destructive joint motions are produced every time the joint is used, creating a vicious cycle of worsening joint destruction and pain.

At Caring Medical, we document cervical instability utilizing digital motion x-ray, along with physical exam and other modalities. Healing protocols include regenerative injection treatments, such as prolotherapy from one of our skilled prolotherapists and/or cervical realignment therapy for curve correction performed by our chiropractic physician. We also

encourage our patients to do things at home to work on improving their cervical curves, such as sitting with shoulders and chin back and tummies tucked in, standing regularly, especially if you work at a computer for a long time, getting regular exercise and, most certainly, implementing a dramatic reduction in cellular device usage in the facedown position. So, if you have lost your curve, remember that there are ways to get it back.

This information is not intended to treat, cure or diagnose your condition. Ross Hauser, MD, and Marion Hauser, MS, RD, established Caring Medical in 1991. Caring Medical Florida and the Hauser Neck Center are located in Fort Myers. They can be reached at info@caringmedical.com.✱✱

Beautifulife: Purpose



by Kay Casperson

I believe that if an individual has a sense of purpose in life, they will live longer and stay healthier. There are, in fact, studies that can confirm that to be true. Various cultures refer to it differently. Okinawans call it “ikigai,” or “reason for being.” Costa Ricans call it “Plan de Vida,” or life plan. Here, we refer to it as our life's purpose.

Having a purpose in life can open up opportunities to meet goals and to reach beyond ourselves in some way to define our existence. We can experience this through our work, philanthropy, family commitments and simply helping others whenever we see a need.

It is extremely crucial to seek purpose and meaning as we grow older and venture into retirement. A strong sense of purpose can act as a buffer against stress and also help to reduce overall inflammation. All of this can help lower the chances of Alzheimer's, stroke, arthritis, and overall mental and physical health and wellbeing.

Having something to “get up for in the morning” is what I would call a purpose, and this can be so many various things.

For the younger generation, having purpose may be getting good grades in school, and committing to school activities and events. For the next generation, it might be making money and a commitment to your career. Some are now finding purpose in creating a stable family environment and structure. And, finally, as we get to the years where we can enjoy retirement, we strive to stay relevant and seek our purpose as it changes over time.

The most important thing to remember is that it's not about conquering the world anymore as much as it is fulfilling your heart's desire, and being content and happy. Whether you are a student, employee, boss, parent or grandparent, there is an overwhelming sense of purpose discovered in all of it.

I have always encouraged my children and any young people I have coached about choosing your life's purpose. It is as simple as following your heart. Try to quiet the noise of what others think you should be doing and look inside, as your answers are already there. The hardest thing to do is to trust it.

My affirmation for you this week is: “I will continue to live a purposeful life to stay happy, healthy and fulfilled.”

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.✱✱

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From page 44

Goliath Grouper

A March 1 through May 31 season; Allowable gear would be hook and line; A slot limit of 20 to 36 inches total length (staff will explore raising the slot minimum size limit to 22 or 24 inches total length);

Harvest would be permitted in all state waters except those of Palm Beach County south through the Atlantic coast of the Keys (staff will update the proposal to include Martin County); and

Harvesters would also be subject to post-harvest requirements.

In addition, staff will explore modifying

gear regulations to minimize impacts from catch-and-release fishing on goliath grouper spawning aggregations.

The FWC will continue to monitor the status of the stock using alternative metrics approved by the commission in 2018.

The FWC will also continue ongoing efforts that recognize goliath's role in the ecosystem and promote stock rebuilding.

Learn more about goliath grouper at www.myfwc.com/marine by clicking on “Recreational Regulations” and “Goliath Grouper” under the “Reef Fish” tab.

View the commission meeting agenda and documents at www.myfwc.com/ commission by clicking on “Commission Meetings” and the agenda under “October 6-7, 2021.”✱✱

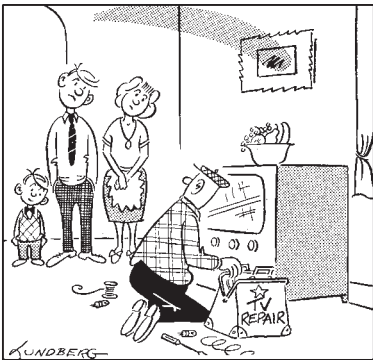


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Fire Department, Captiva 472-9494
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Library, Captiva 239-533-4890
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PUZZLES

Answers on page 54 and 55



"How long has your picture been
_____ like this?"

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Rare
CREACS

Conduct
EATROPE

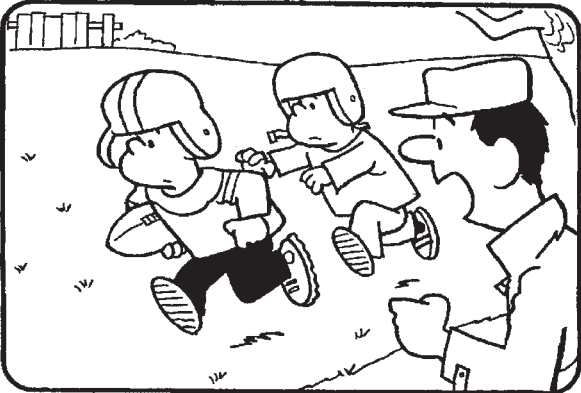
Gallery
RACEAD

Brush
KORSET

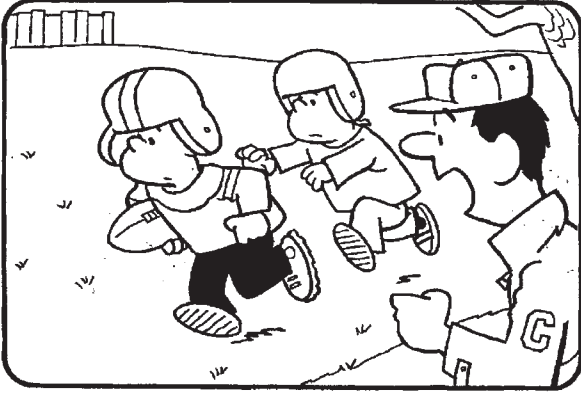
TODAY'S WORD

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Hedge is missing. 2. Cap is different. 3. Strap is missing. 4. Fence is different. 5. Letter is added. 6. Leg is moved.

9				1				4
		6	9		8	3		
	7		5				2	
	2				6			8
5				7		6	3	
		1	3			4		
4	3				5		9	
6				2		7		
		8	6					5

To Play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

PUZZLES

Answers on page 55

Super Crossword

PITIFUL PANTRY PROBLEM

- ACROSS**

1 Spot's threat

4 Bacteria-growing gel

8 Crevices

13 Having the most wisdom

19 Glasgow refusal

20 "Space Ghost" cartoonist Alex

21 Actress Kemper of "The Office"

22 Swollen and distended

23 Central North Carolina city

25 747, say

26 Often-used expressions

27 Start of a riddle

30 "Three Times —" (1978 hit song)

31 Hay unit

32 Be in great anguish

36 Trainee, e.g.

37 Riddle, part 2

42 Diplomat's skill

44 Former NBAer Ming

45 Gets wrinkles out of

46 See 71-Down
- 49 1930s-'40s prez

50 Church vestibule

53 Classical intro?

54 Riddle, part 3

59 It may take the cake

61 "— Sexy" (1992 #1 hit song)

62 Clapton of rock

63 Bernstein's "Candide," for one

67 Early Oscar winner Jannings

68 Riddle, part 4

72 Fought (for)

73 Look for a therapist, say

75 Poi base

76 River mouth deposit

77 Go via boat

78 Riddle, part 5

82 "— culpa!"

85 How a winding path proceeds

87 Part of RBI or ERA

88 Dir. from Ariz. to Ky.

89 Dazzling success

91 Despot Amin

92 Gives a hand
- 96 End of the riddle

100 "Woe is me!"

104 "The Mummern' Dance" singer McKennitt

105 No longer relevant

106 Classic arcade name

107 Riddle's answer

113 All-terrain military vehicle

116 Clipped, as a sheep

117 Many a magic trick

118 Give support

119 Sizable

120 Sulky state

121 Malt product

122 Some online greetings

123 Possessed

124 GI's "lullaby"

125 Longest river of Scotland
- 6 Razor option

7 Certain parallelogram

8 Drive back

9 "Maybe"

10 Shortcoming

11 Ex-Yankee Martinez

12 Appear

13 Miserly

14 Sound engineer's console

15 Smiling one

16 Swelled head

17 Resident of a gaming "City"

18 NFL scores

24 "It's the — an era"

28 Rowboat pair

29 Satisfied sigh

33 Victor's gloat

34 "Titanic" actor Billy

35 Petro-Canada rival

37 Time — half

38 Square type

39 Meg of "I.Q."

40 Three feet

41 "Poppycock!"

43 "Should that be true ..."

46 Brown, Penn and Harvard

47 "The Silence of the Lambs" director Jonathan
- 48 Shaw of swing

50 "Valiant attempt!"

51 Aspiration

52 Just-prior periods

55 Egg middles

56 Work fill-in

57 Goya's gold

58 Cedar cousin

60 "Fat chance!"

63 — about (close to)

64 Mark in "piñata"

65 "Grand" Rockies peak

66 Wise saying

68 Herr's "no"

69 Pot for arroz con pollo

70 "Poppycock!"

71 With 46-Across, brand of frozen fries

74 Is in first place

76 "— be shy"

78 Bona — (real)

79 Lena of "Havana"

80 Grand — (auto race)

81 Drive out
- 82 Whine like a baby

83 Yodeling comeback

84 Banned orchard spray

86 Currency of Laos

90 Dined at someone else's place

92 Embellished

93 Haughty sort

94 Band's lineup of gig songs

95 Fills up

97 "Gas Food Lodging" director Allison

98 Tennis player Shriver

99 Appear

101 Lasso

102 Colorful ring of anatomy

103 Writer Sheldon

106 Lies against

108 Port of Norway

109 Turn to liquid

110 Trumpet, e.g.

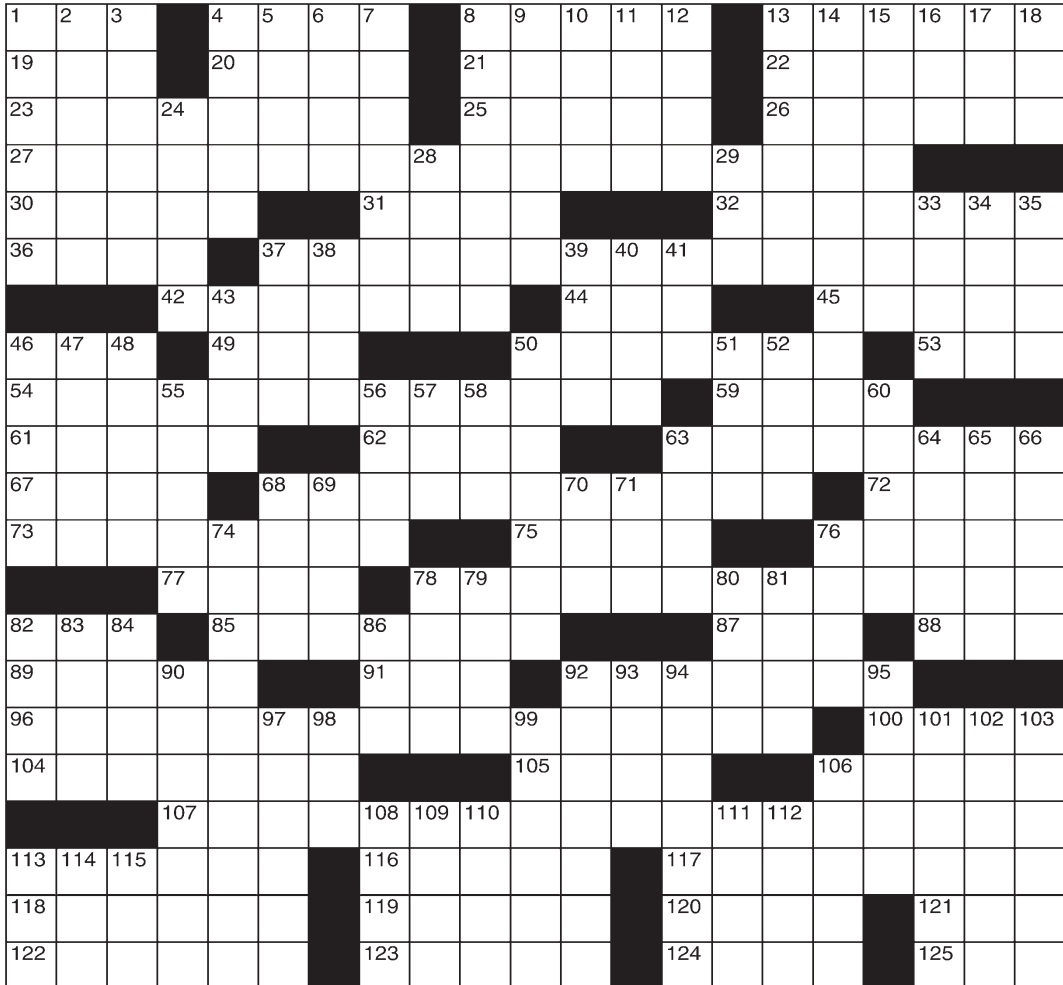
111 Forearm part

112 Radar image

113 Color tone

114 Scanned market ID

115 Deg. for many an exec



King Crossword

- ACROSS**

1 Russian range

6 First lady before Michelle

11 Salem's state

12 Cancels

14 Mexican revolutionary

15 "Are you happy I'm back?"

16 Low digit

17 Omits

19 Soak (up)

20 1492 vessel

22 Rock's Brian

23 Spanish ayes

24 Devour

26 Religious doctrines

28 — Moines

30 Actress Long

31 Fairly shared

35 Snares

39 "— Smile Be Your Umbrella"

40 Director Howard

42 Half a sextet

43 Egg (Pref.)

44 Pale purple

46 Club —

47 "New World Symphony" composer

49 Recital piece

51 Bagel choice
- 7 Black birds

8 Young — (tots)

9 Putin's land

10 Nearly

11 Ultraviolet filter

13 Old photo tint

18 Ky. neighbor

21 Actress McDonald of "Private Practice"

23 Brainy

25 Pod dweller

27 "Shool"

29 Picket-line
- 31 Trudges

32 Gunned, as an engine

33 Idle

34 "You've got mail" co.

36 Designer Giorgio

37 Bakery pan

38 Fizzy drinks

41 Twangy

44 Hobbling

45 Musical finale

48 Squealer

50 "Kidding!"
- DOWN**

1 Muse of astronomy

2 Show contrition

3 Khan title

4 Used-car sites

5 Plumber's tool

6 Spooft

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U O S D E E P S L P N Q P N L
A L B J A H T F F A O S E C A
A D Y N X N V S G R F T T U B
S Q A K I O R T O P O E C E E
N M K G J A H O L O F T E O R
E C B Z A Y R E T I B R O R I
X T S I W T V U E E B S I R F

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
Unlisted clue hint: **Creature With Eight Tentacles**

- Booster

Fireball

Freefall

Frisbee
- Kamikaze

Log Flume

Monster

Orbiter
- Rainbow

Rotor

Speed

Tagada
- Tornado

Troika

Twist

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Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	1:34 am	8:38 am	3:44 pm	7:44 pm	Fri	12:39 am	8:40 am	2:49 pm	7:46 pm	Fri	2:04 am	9:14 am	3:29 pm	9:09 pm	Fri	3:44 am	11:54 am	5:54 pm	11:00 pm
Sat	1:55 am	9:14 am	4:30 pm	8:00 pm	Sat	1:00 am	9:16 am	3:35 pm	8:02 pm	Sat	2:14 am	9:48 am	4:09 pm	9:30 pm	Sat	4:05 am	12:30 pm	6:40 pm	11:16 pm
Sun	2:21 am	9:55 am	5:27 pm	8:14 pm	Sun	1:26 am	9:57 am	4:32 pm	8:16 pm	Sun	2:27 am	10:22 am	4:49 pm	9:43 pm	Sun	4:31 am	1:11 pm	7:37 pm	11:30 pm
Mon	2:52 am	10:43 am	None	None	Mon	1:57 am	10:45 am	None	None	Mon	2:53 am	10:56 am	5:28 pm	9:56 pm	Mon	5:02 am	1:59 pm	None	None
Tue	3:29 am	11:42 am	None	None	Tue	2:34 am	11:44 am	None	None	Tue	3:31 am	11:33 am	6:10 pm	10:16 pm	Tue	5:39 am	2:58 pm	None	None
Wed	4:15 am	12:51 pm	None	None	Wed	3:20 am	12:53 pm	None	None	Wed	4:15 am	12:20 pm	7:02 pm	10:42 pm	Wed	6:25 am	4:07 pm	None	None
Thu	5:18 am	2:02 pm	None	None	Thu	4:23 am	2:04 pm	None	None	Thu	5:03 am	1:33 pm	8:02 pm	11:17 pm	Thu	7:28 am	5:18 pm	None	None

My Stars ★★★★★
FOR WEEK OF OCTOBER 18, 2021

Aries (March 21 to April 19) You're moving from a relatively stable situation to one that appears to be laced with perplexity. Be patient. You'll eventually get answers to help clear up the confusion around you.

Taurus (April 20 to May 20) A vexing situation tempts you to rush to set it all straight. But it's best to let things sort themselves out so that you can get a better picture of the challenge you're facing.

Gemini (May 21 to June 20) Financial matters could create some confusion, especially with a torrent of advice pouring in from several sources. Resist acting on emotion and wait for the facts to emerge.

Cancer (June 21 to July 22) That goal you've set is still in sight and is still in reach. Stay with the course that you're on. Making too many shifts in direction now could create another set of problems.

Leo (July 23 to August 22) It might be time to confront a trouble-making associate and demand some answers. But be prepared for some surprises that could lead you to make a change in some

long-standing plans.

Virgo (August 23 to September 22) Congratulations. You're making great progress in sorting out all that confusion that kept you from making those important decisions. You're on your way now.

Libra (September 23 to October 22) A difficult experience begins to ease. That's the good news. The not-so-good news is a possible complication that could prolong the problem awhile longer.

Scorpio (October 23 to November 21) Your self-confidence gets a much-needed big boost as you start to unsnarl that knotty financial problem. Expect some help from

a surprising source.

Sagittarius (November 22 to December 21) Congratulations. Any lingering negative aftereffects from that not-so-pleasant workplace situation are all but gone. It's time now to focus on the positive.

Capricorn (December 22 to January 19) Your self-confidence grows stronger as you continue to take more control of your life. Arrange for some well-earned fun and relaxation with someone special.

Aquarius (January 20 to February 18) As usual, you've been concerned more

continued on page 54

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END OF SUMMER AC TUNE-UP
Have you done your
AC Tune-Up Yet?

From page 52

My Stars

about the needs of others than your own. You need to take time for yourself so that you can replenish all that spent energy.

Pisces (February 19 to March 20)
Stronger planetary influences indicate a growing presence of people eager to help you navigate through the rough seas that might mark your career course.

Born This Week: You can balance emotion and logic, which gives you the ability to make choices that are more likely than not to prove successful.

NOW HERE'S A TIP

• Update window treatments to compensate for dropping temperatures. Trade your sheers for sturdy, draft-blocking panels.

• To easily get keys on a keychain, use a staple remover to create an opening to slip the keys on. It is very effective and will keep you from getting frustrated.

• When hammering a nail, try this save-your-finger trick: Use a clothespin to hold the nail steady, and then use your hammer to drive it in. Hammering into the wall? Push the nail through a strip of cardboard, and then hold the cardboard over the right spot. No more banged-up fingers or thumbs!

• “At a party, someone spilled a cup of red wine on one of my throw pillows. I love the pillow, since it is just the right size and really soft, but I could not get the stain out. So I covered it with a new fabric. I ended up doing all the assorted pillows in the same fabric, and it made a big change in the room. I wish I had done it sooner.” – IF in Pennsylvania

• Bringing some plants indoors? Use styrofoam packing peanuts in the bottom of pots when planting. They aren’t as heavy as rocks, but they do just as good a job. It makes the pots easier to move around should you need to.

• “For easy-cleanup pancakes, use a turkey baster to ‘squirt’ the batter in the griddle or skillet. No drips, and it usually results in a pretty good circle, too!” – AJ in Florida

STRANGE BUT TRUE

• Bob Marley gave a songwriter credit on *No Woman, No Cry* to his friend Vincent Ford, who ran a soup kitchen in his hometown of Trenchtown, to ensure the royalty checks would keep it open.

• You’re more likely to die on your way to purchase a lottery ticket than you are to actually win the lottery.

• *Stenocereus Eruca*, commonly known as the Creeping Devil, is a species of cactus that lies on the ground and grows at one end while the other end slowly dies

“creeping” (growing) up to two feet a year. It can also clone itself to survive.

• When he retired in 1990 after molding 1.4 billion crayons, Crayola’s most senior crayon molder, Emerson Moser, revealed he was actually blue-green color blind.

• In 2017, social robot Sophia was given citizenship by Saudi Arabia – the first robot to be given legal personhood anywhere in the world.

• The Western lowland gorilla’s scientific name is *Gorilla gorilla gorilla*.

• Speaking of names, SpongeBob was originally created as SpongeBoy, but Nickelodeon discovered that the moniker was already copyrighted by a mop.

• A study revealed that people scored higher in a mental agility test while wearing a lab coat they believed was a doctor’s coat. The effect was not there when they believed the same white coat was a painter’s coat.

• Using → instead of swear words is called a Grawlix.

• In Singapore, you can’t walk naked in your own house. Well, you could, but you’d be facing a possible fine of \$1,136, so we don’t recommend it.

THOUGHT FOR THE DAY

“Good books, like good friends, are few and chosen; the more select, the more enjoyable.” – Louisa May Alcott

TRIVIA TEST

1. **Measurements:** What period of time is represented by a triennial?
2. **Movies:** Which actress is the voice of Jessica Rabbit in *Who’s Afraid of Roger Rabbit?*?
3. **Language:** What word represents the letter E in the radio phonetic alphabet?
4. **Television:** What is the name of the alternate dimension in Netflix’s original series *Stranger Things*?
5. **Art:** What is alebrije?
6. **Comics:** What was superhero Deadpool’s real name?
7. **Animal Kingdom:** Which mammal has the shortest gestation period at 11 days?
8. **Literature:** What did Hagrid name his Norwegian Ridgeback dragon in JK Rowling’s *Harry Potter* books?
9. **History:** Who was *Time* magazine’s first man/person of the year?
10. **Geography:** What are the official languages of Haiti?

TRIVIA ANSWERS

1. Every three years 2. Kathleen Turner 3. Echo 4. The Upside Down 5. A type of Mexico folk art that depicts fantastical creatures painted in bright colors and intricate designs 6. Wade Wilson 7. Striped face dunnart, an Australian marsupial. (Possums have the next shortest gestation period at 12 days.) 8. Norbert 9. Aviator Charles Lindbergh 10. Haitian Creole and French

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10/1 ★ 10/22

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6/5 ★ TFN

VOLUNTEERS NEEDED

**RED KETTLE
BELL RINGERS NEEDED**

This year's Salvation Army Red Kettle program runs from Friday, November 26 to Friday, December 24. Sanibel bell ringers will be on duty from 8 a.m. to 7 p.m. Monday through Saturday. Volunteers are needed, preferably for a two-hour session. Sign up online at www.registertoring.com. Log in with your email and password, and choose your date(s) and time(s). Coordinators for this year's campaign are John MacLennan, 401-932-4383, and Susan MacDowell.

10/22 ★ 11/19

HELP WANTED

CAREGIVER

Unique opportunity to work as a Caregiver for an active Senior who enjoys life enrichment activities and stimulating convos. I am looking for a caring and compassionate person to Care for my Mother. The right person will be outgoing, energetic, flexible, Driver and adaptable. Work Schedule is 5 days a week and 5 hours per day. Salary is \$25/hr. Forward your email to Mark (chillingtong@gmail.com) for more details.

10/15 ★ 11/19

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10/15 ★ 10/29

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1/26 ★ TFN

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4/20 ★ TFN

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12/11 ★ TFN

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1/4 ★ TFN

HELP WANTED

FINANCE ADMINISTRATOR

wanted at the Sanibel Historical Village, 950 Dunlop Road, Sanibel. Position available immediately. 20 hours per week, flexible; no benefits. Responsibilities include managing the donor database including mailings, budget and financials, managing state/city financials, audit and tax filings, day-to-day duties related to admissions desk and gift shop. Apply to info@sanibelmuseum.org or to request a comprehensive job description. Qualifications:

- 3-5 years relevant experience in accounting and bookkeeping
- Thorough knowledge and understanding of GAAP
- Proficient skills in QuickBooks and Microsoft Excel; Donor Perfect a plus
- Experience with accounts payable, accounts receivable, payroll, and general ledger

10/22 ★ 10/29

HELP WANTED

ACE HARDWARE

Looking for part-time and full-time help. Great working environment and not open on Sundays. No uniforms and pay commensurate with experience. Call Kathryn at 634-5930 or just drop in. The address is 2025 Periwinkle Way, Sanibel, Florida.

10/22 ★ 10/29

ISLAND PRESCHOOL TEACHERS

The Children's Education Center of the Islands (CECI) is looking for part-time or substitute preschool teachers for its nature themed education program. Potential for full-time growth possible. Flexible hours. Competitive salary. Tolls paid. Please call Nita at 239-472-4538.

10/22 ★ TFN

GARAGE SALE

YARD SALE

Great Yard Sale, Fortress Anchor, Fishing & Boating Equipment, Life Raft, Byer's Choice Christmas Carolers and other seasonal decorations, home decor, art glass. Saturday, October 23, 8 to 1. 853 Tulip Lane, Sanibel.
NO EARLY BIRDS

10/22 ★ 10/22

Read us online at
www.IslandSunNews.com

PETS OF THE WEEK



Lucy ID# A804925 Lana ID# A886260

photos provided

Lee County Domestic Animal Services

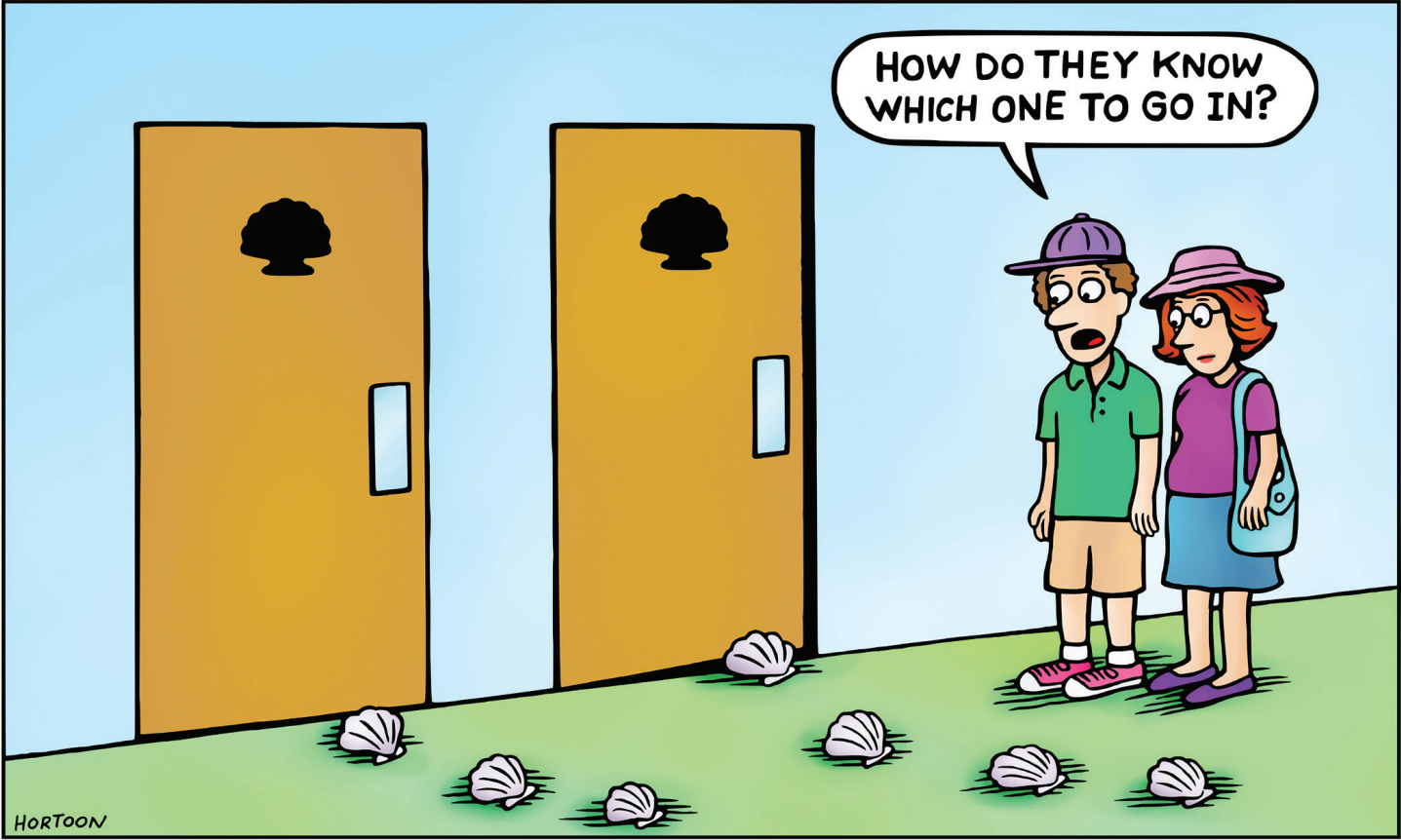
Lucy And Lana

Hello, my name is Lucy. I'm a 9-year-old pit bull. I'm a low rider whose pint-sized body holds a ton of personality. My adoption fee is \$25.

Hi, my name is Lana. I'm a 2-year-old domestic shorthair. I'm very outgoing and spunky. I love people and attention. My adoption fee is \$10.

Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10:30 a.m. to 3:30 p.m. Visit www.leelostpets.com to complete an online application. As always, cats and kittens are adopt one and get a feline friend at no additional charge. For more information, call 533-7387.*

HORTOONS



PUZZLE ANSWERS

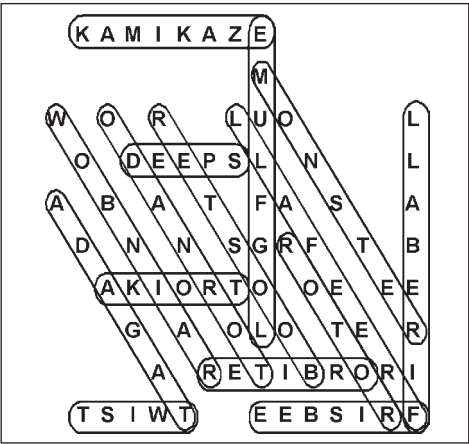
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GRR	AGAR	RIFTS	SAGEST
NAE	TOTH	ELLIE	TURGID
ASHEBORO	PLANE	IDIOMS	
WHENAFAMOUSWOMANIN			
ALADY	BALE	AGONIZE	
TYRO	ANURSERYRHYMEWAS		
	FINESSE	YAO	IRONS
IDA	FDR	NARTEX	NEO
VERY	SADTOFIND	OVEN	
IMTOO	ERIC	OPERETTA	
EMIL	NOMOREBONES	VIED	
SEEKHELP	TAROT	DELTA	
	SAIL	FORHERPOORDOG	
MEA	SNAKILY	RUN	ENE
ECLAT	IDI	ASSISTS	
WHATHAPPENEDNEXT	ALAS		
LORENA	MOOT	ATARI	
	OLDMOTHERBLUBBERED		
HUMVEE	SHORN	ILLUSION	
UPBEAR	LARGE	SNIT	ALE
ECARDS	OWNED	TAPS	TAY

KING CROSSWORD

URALS	LAURA
OREGON	ANNULS
ZAPATA	MISSME
ONE	SKIPS
SOP	
NINA	ENO
SISI	
EATUP	DOGMA
TAT	
DES	NIA
PRORATA	TRAPS
LETA	RON
TRIO	
OVI	LILAC
MED	
DVORAK	SONATA
SESAME	ADONIS
DETER	LATIN

MAGIC MAZE



SUDOKU

9	8	3	2	1	7	5	6	4
2	5	6	9	4	8	3	7	1
1	7	4	5	6	3	8	2	9
3	2	7	4	5	6	9	1	8
5	4	9	8	7	1	6	3	2
8	6	1	3	9	2	4	5	7
4	3	2	7	8	5	1	9	6
6	9	5	1	2	4	7	8	3
7	1	8	6	3	9	2	4	5

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Sanibel Estates	Sanibel	1991	4,367	\$4,250,000	\$3,800,000	174
Tradewinds	Sanibel	1979	2,360	\$2,990,000	\$2,990,000	24
Marina Isle	Bonita Springs	2000	4,380	\$2,899,000	\$2,800,000	36
Salerno	Miromar Lakes	2017	3,235	\$2,750,000	\$2,750,000	72
Cape Coral	Cape Coral	2001	4,797	\$2,595,000	\$2,612,800	5
Woodsedge	Estero	2006	5,927	\$2,595,000	\$2,595,000	14
Cortona	Miromar Lakes	2019	3,227	\$2,300,000	\$2,300,000	4
Fort Myers Gulf Acres	North Fort Myers	1980	6,190	\$2,449,000	\$2,200,000	96
Barefoot Bay	Bonita Springs	2002	3,487	\$1,975,000	\$1,950,000	29
Cape Harbour	Cape Coral	2003	3,970	\$1,995,000	\$1,835,000	19



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